

# Cognition

April, 2020



Addiction and Mental Health

## Learning Events

Daily Event Listings    Pages 1 - 11  
Online Learning Resources    Pages 12 - 13

### April

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The transgender person as an individual: No one size fits all* and *Supporting youth with severe ASD who are nonverbal*.

<https://www.albertahealthservices.ca/info/page4723.aspx>

### April 1

Adult Psychiatry Grand Rounds. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton.

<https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/index.html>

### April 1 and April 3

Centre for Mindfulness Studies, Online Training, *CBT mindfulness primer* with Blakie Sahay. 7:30- 10:30 am (\$350) <https://www.mindfulnessstudies.com/calendar>

### April 2

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### April 2

Pediatric Grand Rounds, *Brain story science: What is it, and why it should matter to us* by Dr Nicole Sherren.

12- 1 pm in the Auditorium, Glenrose Rehabilitation Hospital, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds/index.html>

### April 2- May 5

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Edmonton and online.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

### April 4

Alberta Sexual Assault Course and Conference. 7:30 am- 4:30 pm in Calgary.

[https://cumming.ucalgary.ca/cme/calendar#!view/event/event\\_id/12937](https://cumming.ucalgary.ca/cme/calendar#!view/event/event_id/12937)

### April 4- 5

Nurse Practitioner Association of Alberta, 16<sup>th</sup> Annual Conference in Edmonton.

<https://albertanps.com/events/2020-npaa-conference/>

### April 6- May 1

Online Training, *Parenting capacity assessments in child protection matters* with Dr Peter Choate.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467641&parentSite=FSW>

### April 6- June 28

Online Course, *Level 2: Cognitive Behavioural Therapy with mental health disorders* (12 weeks) with Sarah Gross (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

### April 6

Workshop, *Self-regulation for the stressed brain* by Bonnie Randall. 9 am- 12 noon in Edmonton.

<http://www.erc.ca/programs/details.php?id=7956>

### April 6

Workshop, *Psychopharmacology update* with Dr Anthony Tobia (Rutgers Medical School). 8:30 am- 4 pm in Edmonton.

**April 7** in Calgary. [https://www.nursinglinks.ca/info\\_psychopharmacology.html](https://www.nursinglinks.ca/info_psychopharmacology.html)

### April 7

University of Calgary Videoconference, *Family Medicine approach to Transgender Medicine* with Jill Demontigny.

8- 9 am by telehealth. [https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

### April 7

Workshop, *Helping children on the Autism Spectrum and ADHD: Research backed strategies*. 9 am- 3:30 pm in Red Deer.

<https://aecea.ca/helping-children-autism-spectrum-adhd-research-backed-strategies>

### April 7

University of Calgary, Psychiatry Grand Rounds, *Transition navigator trial* by Dr Gina Dimitropoulos and Melanie Taylor. 12- 1 pm in Calgary and by telehealth.

<https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**April 8**

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**April 8**

Adult Psychiatry Grand Rounds. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/index.html>

**April 9**

Faculty of Nursing, 12<sup>th</sup> Annual Dr Olive Yonge Teaching and Learning Day, *Finding the possibilities*. In Edmonton. <http://www.cvent.com/events/the-12th-annual-dr-olive-yonge-teaching-and-learning-day/event-summary-f0b934298d8640e2bc811a49adbcf876.aspx>

**April 10**

PAA Workshop, *Trauma and PTSD in first responder populations* with Dr Megan McElheran. 9 am- 4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=103](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=103)

**April 13- May 3**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Counselling skills and sexual health: Helping clients make informed decisions* with Lucy Snider <https://www.aspsh.ca/shop>

**April 13- 14**

Workshop, *Gottman level 1*. 9 am- 5 pm in Edmonton. <https://bestmarriages.ca/events/gottman-level-1-edmonton-alberta/>

**April 14**

University of Calgary, Psychiatry Grand Rounds, *Neurosurgical interventions in psychiatric disorders* by Dr Zelma Kiss. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**April 15**

Adult Psychiatry Grand Rounds. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/index.html>

**April 15- 17**

Workshop, *Gottman level 2*. 8:30 am- 5 pm in Edmonton <https://bestmarriages.ca/events/gottman-level-2-edmonton-ab-4/>

**April 16**

Education Series, *Building better mental and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**April 16**

Child and Adolescent Psychiatry Grand Rounds. 9- 10 am in the Auditorium, Glenrose Rehabilitation Hospital, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds/index.html>

**April 16- 17**

CTRI Workshop, *Self-injury in youth: Issues and strategies* with Marwa Fadol. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-calgary-apr-16-2020/#tickets> April 16- 17 in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-edmonton-apr-15-2020/#registration>

**April 17**

PAA Workshop, *What every Psychologist should know about forensic practice* with Dr Roy Frenzel. 9 am- 4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=112](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=112)

**April 17**

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal* with Tania Johnson. 9 am- 4 pm in Fort McMurray. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-fort-mcmurray-ab/>

**April 17**

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal* with Tammy Schamuhn. 9 am- 4 pm in Lloydminster. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-lloydminster-ab/>

**April 17- 18**

EFT Edmonton Community, *Core skills training*, with Veronica Kallos-Lilly. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**April 17- 19**

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Calgary. A three day course within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

**April 19- 22**

Canadian Association of Psychiatry and the Law, 25<sup>th</sup> Annual Conference, In Banff. <http://www.capl-acpd.org/upcoming-capl-conferences/>

**April 20**

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Calgary. **April 21** in Edmonton. [https://www.nursinglinks.ca/info\\_geriatric.html](https://www.nursinglinks.ca/info_geriatric.html)

**April 20- 21**

Workshop, *Working with oppositional defiant and anger issues with children and adolescents* by Dr Jay Berk. 8:30 am- 4 pm in Red Deer. <http://www.jackhirose.com/>

**April 20- 21**

University of Calgary CME Course, *Essential strategies for chronic pain management*. 8 am- 3 pm in Calgary. [https://cumming.ucalgary.ca/cme/calendar#view/event/event\\_id/1114](https://cumming.ucalgary.ca/cme/calendar#view/event/event_id/1114)

**April 21**

The Dr Roger Bland Lecture Series, *Autism and mental health* by Dr Lonnie Zwaigenbaum. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**April 21**

University of Calgary, Psychiatry Grand Rounds, *Addictions and mental health* by Dr Bill MacEwan. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**April 21- 23**

Rainbow Health Ontario, *Canada's forum for LGBT2SQ health* in Niagara Falls. <https://www.rho2020.ca/>

**April 22**

Adult Psychiatry Grand Rounds. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/index.html>

**April 22**

Education Series, *Helping others cope with grief* with Laurie Young. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**April 22- 25**

9<sup>th</sup> International Conference on Adolescents and Adults with FASD, *Review, respond and relate: Integrating research, policy and practice around the world*. In Vancouver. <https://interprofessional.ubc.ca/initiatives/fasd2020/>

**April 23**

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**April 23**

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Calgary (\$109) <http://www.biomedglobal.com/seminars.aspx>

**April 23**

Indigenous Awareness and Sensitivity Workshop. 9 am- 12:30 noon at the Jean Hamilton Room, Royal Alexandra Hospital, Edmonton. Call 780-613-5151 [jamie.harmon@ahs.ca](mailto:jamie.harmon@ahs.ca)

**April 23**

2<sup>nd</sup> Annual Summit, *Value-based healthcare Canada* in Toronto. <https://www.conferenceboard.ca/web/value-based-health-care.html>

**April 24**

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Edmonton. (\$109) <http://www.biomedglobal.com/seminars.aspx>

**April 24**

Webinar, *Sexual addiction and emotional sobriety: The intersection of Positive Psychology, Somatic Experiencing and Attachment* by Andrew Susskind 10 am (Free) <https://www.c4events.org/webinars/>

**April 24- 26**

Institute of Child Psychology, *Annual Edmonton Children's Mental Health Conference*. In Edmonton. <https://instituteofchildpsychology.com/annual-edmonton-childrens-mental-health-conference-2020/>

**April 25**

Workshop, *Same labels, Different determinants: Queer men's mental health* with Rahim Thawer. 9:30 am- 4:30 pm in Calgary. <https://www.eventbrite.ca/e/same-labels-different-determinants-queer-mens-mental-health-tickets-85787991191?aff=ebdssbdestsearch>

**April 25**

2<sup>nd</sup> Annual Hope, Health and Healing Grief Symposium with Darrin Parkin and Blair Collins. 8:30 am- 3:30 pm in Stony Plain. (\$45) Call 780 962-7618 or 780 962-8503.

**April 27- 28**

CTRI Workshop, *Walking through grief: Helping others deal with loss* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-helping-others-deal-with-loss-edmonton-apr-27-2020/#tickets> **April 28- 29** in Calgary with Natalie Imbach <https://ca.ctrinstitute.com/workshops/walking-through-grief-helping-others-deal-with-loss-calgary-apr-28-2020/#registration>

**April 27- 28**

Workshop, *Proven and effective play therapy strategies with children of all ages* by Dr Christine Dargon. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

**April 27- 30**

Emotionally Focused Therapy Externship with Dr Veronica Kallos-Lily. 9 am- 5 pm in Calgary. <http://www.talk-therapy.ca/eft-externship/>

**April 28**

University of Calgary, Psychiatry Grand Rounds, *ConnectCare- It is coming* by Dr David Tanos. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**April 28- 29**

Workshop, *Treating chronically traumatized children: The sleeping dogs method* with Arianne Struik. 9 am- 4 pm in Calgary. <https://www.eventbrite.ca/e/treating-chronically-traumatized-children-the-sleeping-dogs-method-tickets-64752657943>

**April 28- 30**

Canadian Public Health Association, Public Health 2020 in Winnipeg. <https://cpha.ca/publichealth2020>

**April 29**

Education Series, *Helping others cope with grief* with Laurie Young. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**April 29**

Adult Psychiatry Grand Rounds. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/index.html>

**April 29- May 1**

Rural Mental Health Conference, *Unique challenges, unique solutions* in Brooks, Alberta. <https://www.rmhconference.ca/>

**April 29- May 1**

Mental Health on the Prairies Conference and Gathering, *Social justice, Vulnerability, Resilience*. In Brandon, Manitoba. <https://www.brandonu.ca/mhp/>

**April 30- May 1**

Brain Injury Canada Conference in Ottawa. <https://www.braininjurycanada.ca/ottawa-conference-2020/>

**April 30- May 3**

Workshop, *Prolonged Exposure Therapy* with Dr Elna Yadin. In Edmonton. <https://www.wcb.ab.ca/millard-treatment-centre/workshops/prolonged-exposure-workshop.html>

**May**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The gut-brain connection, part 2: The microbiome and early child/brain development, food intolerances, antibiotics, antacids and how a healthy diet can help and Helping youth bounce back from stress Part 2: Strategies to promote resiliency.* <https://www.albertahealthservices.ca/info/page4723.aspx>

**May 1- 2**

14<sup>th</sup> Biennial Western Canadian Conference of Sexual Health, *Synergies of sexuality: Seeing the whole person* in Calgary. <https://www.aspsh.ca/2020-conference>

**May 1- 3**

Institute of Child Psychology, Annual Children's Mental Health Conference in Edmonton. <https://instituteofchildpsychology.com/annual-edmonton-childrens-mental-health-conference-2020/>

**May 1- 3**

Canadian Association for Play Therapy, AGM and Conference, *Play therapy with preteens: Inscapes, illuminations and the intersubjective space between*. In Winnipeg. <https://cacpt.com/2020-annual-general-meeting-and-conference/>

**May 2**

PAA Workshop, *Competency-based clinical supervision: An experiential approach* by Dr Carol Falender. 9 am- 4 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=117](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=117)

**May 2- 8**

MBSR Teacher Training Intensive with Dr Patricia Rockman and Gwen Morgan in Nanaimo, BC. <https://www.mindfulnessstudies.com/event/21-330-01/>

**May 4**

Workshop, *Drug use in pregnancy* with Maureen Shogan. 8:30 am- 4 pm in Red Deer. **May 5** in Lethbridge. [https://www.nursinglinks.ca/info\\_drug.html](https://www.nursinglinks.ca/info_drug.html)



**May 4- 5**

Two Day Skills Training Intensive, *Strengthening executive skills in children and adolescents* with Dr Peg Dawson. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

**May 4- 10 CMHA Mental Health Week** #Get Loud about what mental health really is <https://mentalhealthweek.ca/>

**May 4- 24**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Teaching about sexuality: Parents, children and teens* with Heather Cobb <https://www.aspsh.ca/shop>

**May 4- July 26**

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Jennifer Hackbart (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

**May 5**

University of Calgary, Psychiatry Grand Rounds, *Antipsychotics: What is new? What is different? What is next?* By Dr Leslie Citrome 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**May 6**

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Edmonton. (\$109) <http://www.biomedglobal.com/seminars.aspx>

**May 6**

Adult Psychiatry Grand Rounds. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/index.html>

**May 6- 7**

RCSD Conference, *Integrating research, practice and policy for improving youth transitions to adulthood in Alberta*. In Calgary. <https://www.calgaryandarearcsd.ca/news-and-events/conferences-and-events/yta-conference-2020>

**May 6- 8**

Alberta Therapeutic Recreation Association, 24<sup>th</sup> Annual Conference, *Venturing beyond* in Jasper. <https://www.alberta-tr.org/professional-development/2020-ctra-conference/>

**May 6- 9**

Canadian Association of Occupational Therapists Conference in Saskatoon. [https://www.caot.ca/site/pd/conferences/call\\_for\\_papers?nav=sidebar](https://www.caot.ca/site/pd/conferences/call_for_papers?nav=sidebar)

**May 7**

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Calgary. (\$109) <http://www.biomedglobal.com/seminars.aspx>

**May 7- 8**

Workshop, *Trauma Informed Care: Understanding and responding to the impact of trauma on brain development* with Dr Bruce Perry and Dr Stuart Ablon. 8:30 am- 4 pm in Lethbridge. <https://www.eventbrite.ca/e/dr-bruce-perry-and-dr-stuart-ablon-2-day-conference-tickets-64697088734> Sponsored by the Mental Health Promotion Committee of Southern Alberta.

**May 7- 10**

Canadian Counselling and Psychotherapy Association Conference. In Edmonton. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

**May 8**

PAA Workshop, *Understanding, evaluating and treating Autism Spectrum Disorders: New data and new ideas* with Dr Sam Goldstein. 9 am- 4:30 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=115](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=115)

**May 8**

Workshop, *Probiotics, the immune system and mental health* with Dr Laura Pawlak. 8:30 am- 3:40 pm in Calgary. (\$109) <http://www.biomedglobal.com/seminars.aspx>

**May 8**

University of Calgary, *Susan Carpenter Day* <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**May 8- 9**

Inaugural Canadian Conference of Existential Analysis. In Langley, BC. <https://www.existentialanalysis.ca/>

**May 11**

Workshop, *LGBTQ2S+ Health: Providing affirming care* with Tammy Troute-Wood. 8:30 am- 4 pm in Edmonton. [https://www.nursinglinks.ca/frameset\\_main.html](https://www.nursinglinks.ca/frameset_main.html) In Calgary on **May 25**

**May 11- 12**

Two Day Intensive, *DBT skills training* with Sheri Van Dijk in Calgary. <http://www.jackhirose.com/>

**May 11- 12**

Workshop, *Over 30 proven and effective brief interventions for children and adolescents with emotional and behavioural problems* by Dr Steven Olivas. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

**May 11- 13**

School-Focused Mental Health Conference with Dr Robert Brooks. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**May 11- June 19**

Online Course, *Addiction Pharmacology* with Dr Rick Csiernik. (12 hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 11- June 19**

Online Course, *Concurrent Disorders* with Melissa Pyne. (12 hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 12**

University of Calgary, Psychiatry Grand Rounds, *Network meta-analysis* by Dan Devoe. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**May 12- 16**

Canadian Centre for Gender + Sexual Diversity, *GSA Leadership Forum* in Ottawa <http://ccgsd-ccdgs.org/16195/>

**May 13**

Webinar, *Food for recovery: Exploring 'diet culture' messaging and how it interferes with physical healing and sobriety* by Megan Kniskern. 11 am (Free) <https://www.c4events.org/webinars/>

**May 13- 14**

Workshop, *Introduction to Emotionally Focused Therapy for individuals, Level 1*. 9 am- 4:30 pm in Calgary. <http://www.talk-therapy.ca/eft-individuals-intro/>

**May 14- 15**

Centre for Health Law, Policy and Ethics Conference, *First, do less harm. Harm reduction as a principle of health policy and law*. In Ottawa. <https://ottawaharmredux.org/>

**May 18**

International Doctors for Healthier Drug Policies Conference, In Amsterdam, Netherlands. <https://idhdp.com/en/resources/events/november-2019/iotod-2020-conference.aspx>

**May 18- June 7**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexual health considerations for youth in group homes and residential treatment facilities* with Rene Ross. <https://www.aspsh.ca/shop>

**May 18 – June 19**

Online Course, *Engaging challenging clients: Working in addictions with specialized populations* with Omer Vandevyvere. (12 Hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 19**

Inner City Health and Wellness Program, Grand Rounds. 12- 1 pm in Robbins Learning Centre Theatre, Edmonton.

**May 19**

University of Calgary, Psychiatry Grand Rounds, *A top hazard in AHS Calgary Zone: Medical management of mental health patients* by Dr Lisa Gagnon and Dr Jim Eisner. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**May 19- 20**

Workshop, *Preventing problem behavior: An emotion regulation relationship-based approach* by Dr Barry Prizant. 9 am- 3:30 pm in Edmonton. <https://www.erc.ca/register/?id=3751>

**May 19- 20**

Dorothy Wylie Health Leaders Institute, *Leading in complex environments: Finding the courage to lead*. In Toronto. <https://cna-aicc.ca/en/academy/dorothy-wylie-health-leaders-institute>

**May 20**

University of Alberta, Psychiatry Grand Rounds, *Psychodermatology: Current practices and potential advances* by Tarek Turk. 12- 1 pm by telehealth and in the Shaw Auditorium, Mazankowski Heart Institute, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/adult-psychiatry-grand-rounds-calendar>

**May 20- 21**

Refocus on Recovery Conference, *Diversity and mental health* in Toronto. <https://www.refocusonrecovery.ca/en>

**May 21- 22**

Canadian Nursing Informatics Association, Annual Conference, in Saskatoon. <https://cnia.ca/>

**May 21- 23**

28<sup>th</sup> Annual Conference hosted by Harm Reduction Nurses Association, Alberta Coalition for Harm Reduction and the Canadian Association of Nurses in HIV/AIDS Care. In Edmonton. <http://canac.org/annual-conference/>

**May 21- 23**

Canadian Association of Cognitive and Behavioural Therapies, Annual Conference, *CBT knowledge and dissemination*. In Halifax. <https://cacbt.ca/en/conferences/2020-halifax-homepage/>

**May 21- 23**

46<sup>th</sup> Annual Conference, Canadian Association of Music Therapists, *Creating space: Nurturing potential* in Regina. <https://www.musictherapy.ca/conference/>

**May 21- 23**

4<sup>th</sup> Biennial Indigenous Health Conference, *Building our future* in Niagara Falls. <http://www.csih.org/en/events/upcoming-events>

**May 22**

1<sup>st</sup> Annual, *Alberta Summit on Mental Illness*. Edmonton Inn and Conference Centre. Speakers include: Dr Bill Honer (psychotic disorders research); Dr Cheryl Forchuk (Homelessness and hospital discharges); John Gray (family friendly Mental Health Act); Patrick Baillie (NCR); and Lori Traino (Grief). Presented by Families supporting Adults with Mental Illness (FAMI) Alberta. <https://famialberta.ca/>

**May 22- 24**

Canadian Federation of Clinical Hypnosis, Spring Conference and Workshop, *Advanced and intermediate levels*. In Banff. <https://www.clinicalhypnosis.ca/conferences-workshops/>

**May 22- 23**

EFT Edmonton Community, *Core skills training*, with Murray Armstrong. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**May 25**

Workshop, *LGBTQ2S+ Health: Providing affirming care* with Tammy Troute-Wood. 8:30 am- 4 pm in Calgary. [https://www.nursinglinks.ca/frameset\\_main.html](https://www.nursinglinks.ca/frameset_main.html)

**May 25**

CTRI Workshop, *Cognitive Behavioural Therapy: Tools for thinking differently* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-edmonton-may-25-2020/#tickets> **May 28** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-calgary-may-28-2020/#tickets>

**May 25- 26**

Allies 4 Youth Connections Conference, *Radical practice for compassionate connections*. In Edmonton. <https://www.a4yc.ca/> (formerly the High Risk Youth Conference)

**May 25- 27**

Workshop, *Gottman level 3*. 9 am- 5 pm in Calgary. <https://bestmarriages.ca/events/gottman-level-3-calgary-ab/>

**May 26**

The Dr Roger Bland Lecture Series, *Mental well-being: Lessons learned*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**May 26**

University of Calgary, Psychiatry Grand Rounds, *First episode psychosis and preventing second episode* by Dr Henry Nasrallah. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**May 27- 29**

Western Canadian Conference on Trauma and Addictions, Canada's premier clinical skills conference. 8:30 am- 4 pm in Edmonton. Workshops include: *Current science of addiction and recovery*, *Trauma and attachment across the lifespan*, *Sexual compulsivity and addiction*, *Prodependence*, *Harm reduction, the disease theory and trauma*, *Cannabis Primer*, *Childhood trauma*, *Addiction and PTSD*, *Risky business*, *Trauma and the struggle to open up*, and *Understanding and addressing vicarious traumatization*. <http://www.jackhirose.com/>

**May 28**

Workshop, *Understanding and addressing vicarious traumatization* with Mary Jo Harwood. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**May 28- 29**

Association of Alberta Sexual Assault Services Training, *First responder to sexual assault and abuse*. In Edmonton. <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

**May 28- 30**

Canadian Psychological Association, 81<sup>st</sup> Annual Convention and Tradeshow. In Montreal. <https://convention.cpa.ca/>

**May 29**

CTRI Workshop, *Narrative Therapy: Tools for exploring stories* with Natalie Imbach. 9 am – 4 pm. In Calgary <https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-calgary-may-29-2020/#tickets>.

**May 26** in Edmonton <https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-edmonton-may-26-2020/#tickets>

**May 29**

Workshop, *The cannabis primer: What mental health professionals need to know* with Dr Zachary Walsh. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**May 29- 30**

University of British Columbia, Conference, *Sexual health 2020* in Vancouver.

<https://ubccpd.ca/course/Sexualhealth2020>

**May 29- 31**

Psychedelic Research Conference, *Catalyst Calgary 2020* in Calgary. <http://catalystcalgary.com/>

**May 29- 31**

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Edmonton. A three day course within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

**May 29- June 1**

Edu-Therapy Solutions Certification Training, *A cognitive behavioural process for healing grieving hearts*. In Edmonton. <http://edutherapysolutions.com/event/alberta-edu-therapy-training/>

**May 30**

Workshop, *Hoarding: Assessment and intervention for Occupational Therapists*. 8 am- 4 pm in Calgary.

[https://caot.ca/viewEvent.html?no\\_header=true&productId=10336](https://caot.ca/viewEvent.html?no_header=true&productId=10336)

**May 31- June 2**

Annual Conference, Canadian Society for the Study of Practical Ethics, *Bridging divides: Confronting colonialism and anti-black racism* in London, Ontario. <https://philevents.org/event/show/76758>

**May 31- June 3**

20<sup>th</sup> Annual e-Health Conference and Trade Show in Vancouver. <http://www.e-healthconference.com/>

**May 31- June 3**

14<sup>th</sup> Annual Canadian Neuroscience Meeting in Montreal <https://can-acn.org/meeting-2020/>

**June 1- August 23**

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Jennifer Hackbart (\$1100).

<https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

**June 3- 5**

31<sup>st</sup> Annual Conference, Canadian Bioethics Society, *The role of bioethics in AI and emerging health technologies: Activator, inhibitor or collaborator?* In Toronto. <https://www.bioethics.ca/>

**June 4- 5**

Workshop, *Functional cognition: Cognitive rehabilitation assessment and intervention methods* by Dr Joan Toglia. 8 am- 4 pm daily in Calgary. <https://www.saot.ca/event/functional-cognition-cognitive-rehabilitation-assessment-and-intervention-methods/>

**June 4- 6**

BC Centre on Substance Use Conference, *Changing practice, changing policy*. In Vancouver.

<https://ubccpd.ca/course/BCCSU2020>

**June 5**

12<sup>th</sup> Annual Addiction Day Scientific Conference and Networking Fair in Calgary. <http://www.addictionday.ca/>

**June 5- 6**

Canadian Collaborative Mental Health Care Conference, *Collaboration cultivates community* in Halifax.

<http://www.shared-care.ca/conference>

**June 6- 7**

21<sup>st</sup> International Nursing Ethics Conference and 6<sup>th</sup> International Care Ethics Conference, *Sustaining ethical care through resistance and conscientious commitment* in Toronto. <https://bloomberg.nursing.utoronto.ca/pd/ethics-conference>

**June 8**

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Red Deer. **June 9** in Lethbridge. [https://www.nursinglinks.ca/info\\_geriatric.html](https://www.nursinglinks.ca/info_geriatric.html)

**June 9**

CTRI Workshop, *Trauma-informed care: Building a culture of strength* with Shelly Qualtieri. 9 am- 4 pm in Calgary.

<https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-calgary-jun-9-2020/#tickets> **June 10** in Edmonton <https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-edmonton-jun-10-2020/#tickets>

**June 9**

University of Calgary, Psychiatry Grand Rounds, *The newly released Canadian iOAT clinical guidelines and program overview of the Calgary iOAT program* with Cristina Zaganelli NP and Dr Ron Lim. 12- 1 pm in Calgary and by telehealth. <https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**June 11- 14**

Conference, North American Society for the Psychology of Sport and Physical Activity in Vancouver.

<https://www.naspspa.com/2019-conference/>



**June 12**

Trauma Talks Conference, *Intergenerational trauma: Hope and healing through trauma-informed care*. In Toronto. <http://www.traumataalks.ca/>

**June 17**

Webinar, *Breaking the cycle: First responders, trauma and substance use* by Anna Lisa De Lima. 11 am. (Free) <https://www.c4events.org/webinars/>

**June 17- 18**

Canadian Institute, 5<sup>th</sup> Annual Forum, *Workplace mental health and wellness* in Calgary. <https://www.canadianinstitute.com/workplace-mental-health/>

**June 18- 19**

Workshop, *Trauma practice: Tools for stabilization and recovery* with Dr Anna Baranowsky. 9 am- 4 pm in Calgary. Presented by the Faculty of Social Work, University of Calgary. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=51668105&parentSite=FSW>

**June 18- 19**

Workshop, *Occupation and trauma: Expanding Occupational Therapy practice* with Megan Edgelow and Dr Heidi Cramm. 8 am- 4 pm in Vancouver. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10345](https://caot.ca/viewEvent.html?no_header=true&productId=10345)

**June 18- 21**

Somatic Experiencing Edmonton, *Training for helping professionals: Beginning III*. In Edmonton. <https://www.setrainingedmonton.com/registration>

**June 22- 23**

Workshop, *Mental Health First Aid: Adults who interact with youth* by Sabrina Simpson. 8:30 am- 5 pm in Calgary. <https://www.eventbrite.ca/e/mental-health-first-aid-adults-who-interact-with-youth-calgary-ab-registration-83297092847?aff=ebdssbdestsearch>

**June 22- 24**

7<sup>th</sup> International Conference on Behavioural Addictions in Nottingham, UK. <http://issba.elte.hu/>

**June 23- 24**

Canadian Nurses Association Biennial Convention, *Take care of nurses to take charge of health* In Ottawa. <https://cna-aic.ca/en/news-room/events/2020-cna-biennial-convention>

**June 25**

CTRI Workshop, *Borderline Personality Disorder: Understanding and supporting*. 9 am- 4 pm in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-edmonton-jun-10-2020/#tickets>

**June 25- 26**

Workshop, *Cognitive Behavioural Therapy: Level 2 for Occupational Therapy* with Gord Hirano. 8 am- 4 pm in Edmonton. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10373](https://caot.ca/viewEvent.html?no_header=true&productId=10373)

**June 25- 28**

45<sup>th</sup> Annual Congress of the Canadian Psychoanalytic Society, *The long shadow of trauma: Black holes filled with ghosts from the past* in Toronto. <http://www.en.psychoanalysis.ca/45th-annual-congress-of-the-canadian-psychoanalytic-society/>

**July 4- 9**

30<sup>th</sup> International Cannabinoid Research Society Symposium on the Cannabinoids in Galway, Ireland. <http://www.icrs.co/>

**July 6- 7**

Workshop, *Trauma and attachment across the lifespan: Tools and strategies to address complex clients* with Dr Eboni Webb. 8:30 am- 4 pm in Banff. <http://www.jackhirose.com/>

**July 8**

Workshop, *DBT skills training for mental health professionals* with Dr Eboni Webb. 8:30 am- 4 pm in Banff. <http://www.jackhirose.com/>

**July 8- 10**

*Mindfulness retreat for counsellors, therapists and caregivers* with Vicki Enns. 9 am- 4 pm daily in Canmore <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-for-counsellors-therapists-and-caregivers-2020/#tickets>

**July 12- 16**

61<sup>st</sup> Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

**July 13- 15**

Three Day Intensive Training in EMDR, *Assessing, resourcing and treatment techniques for trauma and anxiety* with Dr Jennifer Sweeton. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**July 14**

CTRI Workshop, *Clinical supervision: Skills for developing counsellors* with Vicki Enns. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/clinical-supervision-skills-for-developing-counsellors-calgary-jul-14-2020/#tickets>

**July 14- 15**

CTRI Workshop, *Gender and sexual diversity in youth* with Reece Malone. 9 am- 4 pm in Edmonton.  
<https://ca.ctrinstitute.com/workshops/gender-and-sexual-diversity-in-youth-edmonton-jul-14-2020/#tickets>

**July 15- 17**

CBT Canada Workshop, *Introduction to medical CBT* with Dr Greg Dubord. 8 am- noon daily in Banff  
<http://cbt.ca/locations/cbt-banff/>

**July 15- 18**

IFSW International Social Work Conference in Calgary. <https://swsd2020.com/>

**July 16- 17**

International Conference on Nursing in Addiction Care in Toronto.  
<https://waset.org/conference/2020/07/toronto/ICNAC>

**July 16- 17**

International LGBTQ Psychology Conference, *Preaching to the choir* in Prague, Czech Republic.  
<https://cpasogii.com/preach2020>

**July 20- 22**

Workshop, *Three Day Intensive: Advanced Cognitive Behaviour Therapy* with Dr Jeff Riggenbach. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/3-day-intensive-cbt/>

**July 24- 26**

Research Society on Marijuana, 4<sup>th</sup> Annual Scientific Meeting in Boston. <https://researchmj.org/meeting.php>

**July 27- 31**

International Society for Research on Aggression, World Meeting in Ottawa. <https://isra2020.ca/>

**July 30- August 2**

11<sup>th</sup> Biennial International Meaning Conference, *From vulnerability to resilience and well-being: Advances in existential and positive psychology*. In Toronto. <https://www.meaning.ca/conferences-and-events/meaning-conference-2020/>

**August 7**

Workshop, *HealthChange Methodology*. 9 am – 3:30 pm in Medicine Hat. AHS staff register on MLL, non-AHS staff register at [phc@ahs.ca](mailto:phc@ahs.ca) <https://www.albertahealthservices.ca/info/Page16720.aspx>

**August 11- 12**

CTRI Workshop, *Brief focused counselling skills: Strategies from the leading frameworks* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-strategies-from-leading-frameworks-edmonton-aug-11-2020/#tickets>

**August 16**

Workshop, *HealthChange Methodology*. 9 am – 3:30 pm in Lethbridge. AHS staff register on MLL, non-AHS staff register at [phc@ahs.ca](mailto:phc@ahs.ca) <https://www.albertahealthservices.ca/info/Page16720.aspx>

**August 18- 21**

8<sup>th</sup> Mental Health Academy with Andrew Baxter. In Calgary. Sponsored by AHS/TeenMentalHealth.org  
<https://www.mentalhealthacademy.ca/>

**September 6**

Workshop, *HealthChange Methodology*. 9 am – 3:30 pm in Edmonton. AHS staff register on MLL, non-AHS staff register at [phc@ahs.ca](mailto:phc@ahs.ca) <https://www.albertahealthservices.ca/info/Page16720.aspx>

**September 13- 15**

40<sup>th</sup> Annual Academy of Child and Adolescent Psychiatry Conference, *Understanding and managing risk in child and adolescent psychiatry*. In Calgary. <https://www.cacap-acpea.org/learn/conference/>

**September 17- 18**

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly.  
<https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**September 24- November 10**

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Calgary and online.  
<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

**September 25- 27**

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Edmonton. A three day workshop within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

**September 28- 29**

Reset Society of Calgary, Sexual Exploitation Training and Awareness Conference in Calgary.  
<https://resetcalgary.ca/conference/>

**October 1- 2**

Workshop, *Traumatic dissociation, emotion dysregulation, and the loss of self: Toward a pathway of recovery* with Dr Ruth Lanius. In Lethbridge. <https://www.ucalgary.ca/pd/>

**October 14- 17**

International Nurses Society on Addiction, Global Vision Conference in Calgary. <http://intnsacanada.com/>

**October 14- 17**

5<sup>th</sup> Psychedelic Psychotherapy Forum, 2020: *Vision and visionaries* in Victoria, BC. <https://www.psychedelicspsychotherapy.ca/>

**October 15- 16**

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**October 15- 18**

13<sup>th</sup> National Harm Reduction Conference in San Juan, Puerto Rico. <https://harmreduction.org/conference/>

**October 16- 17**

Canadian Academy of Geriatric Psychiatry, Annual Scientific Meeting in Montreal. <http://www.cagp.ca/Future-Conferences>

**October 16- 18**

Pain Society of Alberta Conference in Banff. <https://www.painab.ca/>

**October 16- 18**

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Calgary. A three day course within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

**October 19- 21**

Canadian Institute for Military and Veteran Health Research, *Forum 2020* in Halifax. <http://cimvhrforum.ca/>

**October 22- 25**

Training, *Prolonged exposure therapy for PTSD* with Dr Megan McElheran. In Calgary. <https://www.ucalgary.ca/pd/>

**October 28- 30**

31<sup>st</sup> Annual Conference, Canadian Association of Suicide Prevention in Montreal. <https://suicideprevention.ca/>

**October 29- 30**

Alberta Therapeutic Recreation Therapy Symposium in Calgary. <https://www.alberta-tr.org/professional-development/2020-atra-symposium-in-october-2020/>

**November 2- 30**

Online Course, *Clinical Social Work Supervision* with Dr Jane Matheson <https://www.ucalgary.ca/pd/workshops>

**November 5- 6**

7<sup>th</sup> Biennial Eating Disorders Association of Canada Conference in Montreal. <https://www.edac-atac.ca/upcoming-conferences/>

**November 6- 10**

World Professional Association for Transgender Health, 26<sup>th</sup> Scientific Symposium in Hong Kong. <https://www.wpath.org/>

**November 12- 13**

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer. In Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**November 12- 14**

Canadian Society of Addiction Medicine, Conference, *The world of addiction: Now and the future* in Victoria, BC. <https://csam-smca.org/future-csam-conferences/>

**November 27- 30**

Somatic Experiencing Training Edmonton, *A body oriented approach to healing trauma: Beginning I* in Edmonton. <https://www.setrainingedmonton.com/>

**December 4- 6**

AHS CanREACH CME, *Patient-centered mental health in pediatric primary care* in Edmonton. A three day workshop within a six month online learning program. (\$800) <https://wp.hmhc.ca/canreach/canreach-ppp-training/>

**December 10- 11**

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

Contact [Daniel.scott@ahs.ca](mailto:Daniel.scott@ahs.ca) with additions, subscriptions, and updates.  
Information, Evaluation and Professional Practice, Addiction and Mental Health, Edmonton Zone

## Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines*. <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** [https://libguides.adelaide.edu.au/psychiatry/rating\\_scales](https://libguides.adelaide.edu.au/psychiatry/rating_scales)
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **University of Alberta Grand Rounds** Schedule of weekly Forensic, Adult and Child/Youth grand rounds. Archive includes recordings of Adult and Child & Adolescent Grand Rounds. <https://www.ualberta.ca/psychiatry/grand-rounds> <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules on the external AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcr.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>



- ☼ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. <https://crismprairies.ca/>
- ☼ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☼ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☼ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/ualberta.ca/ggr/home>
- ☼ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ☼ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☼ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☼ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ☼ **Cannabis 101** Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at [dst.education@ahs.ca](mailto:dst.education@ahs.ca)
- ☼ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ☼ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ☼ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ☼ **Jack Hirose Webinars**. On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ☼ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars. <https://ca.ctrinstitute.com/>
- ☼ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers. <https://moodle9.camhx.ca/moodle/?lang=en>
- ☼ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ☼ **Practice Wise**. AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hpsp/Page12451.aspx>
- ☼ **Addiction and Mental Health YouTube Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☼ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the **YouTube** playlist <https://www.youtube.com/playlist?list=PL1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☼ **Living Hope** is the Edmonton Suicide prevention strategy. The "11 of us" website has resources to learn the signs and to learn to help. [https://11ofus.ca/?gclid=CjwKCAiAws7uBRAkEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAooggL0GwrGtv0Zz1Wc6v1shu\\_Eqoq8RoCnrUQAvD\\_BwE](https://11ofus.ca/?gclid=CjwKCAiAws7uBRAkEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAooggL0GwrGtv0Zz1Wc6v1shu_Eqoq8RoCnrUQAvD_BwE) Contact: [lahn.jones@ahs.ca](mailto:lahn.jones@ahs.ca)
- ☼ **Institute of Child Psychology** Alberta based provider of psychological services and training. Online courses for parents and therapists at [https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc\\_cid=9c54c3b01d&mc\\_eid=bebf37cffa](https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc_cid=9c54c3b01d&mc_eid=bebf37cffa)
- ☼ **Psychiatry Academy** Online courses in Cognitive Behaviour Therapy and other professional development topics. Scheduled sessions and on-demand webinars [http://mghcme.org/page/cognitive\\_behavioral\\_therapy](http://mghcme.org/page/cognitive_behavioral_therapy)
- ☼ **Making Sense of Trauma** Free webinar with practical tools for responding to children and youth <https://makingsenseoftrauma.com/course/making-sense-of-trauma/>
- ☼ **Mount Royal University** Continuing Competency Certificates include Children's Mental Health, Addiction, and Dementia <https://www.mtroyal.ca/conted/az-programs/categories/>