

# Cognition

December, 2019



Addiction and Mental Health

# Learning Events

Daily Event Listings  
Online Learning Resources

Pages 1 - 6  
Pages 7 - 8

## December 2- 3

CTRI Workshop, *Mindfulness counselling strategies- Activating compassion and regulation*. 9 am- 4 pm in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-compassion-and-regulation-edmonton-dec-2-2019/#tickets> **December 3- 4** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/mindfulness-counselling-strategies-activating-compassion-and-regulation-calgary-dec-3-2019/#tickets>

## December 2- 4

The General and Special Education Summit, *Behavioural challenges, mental health and brain based learning*. In Richmond, BC. <http://www.jackhirose.com/workshop/bc-conference-2019/>

## December 3

University of Calgary, Grand Rounds, *Pharmacogenetics in Psychiatry: An update* with Dr Chad Bousman. 12- 1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event\\_id/976](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/976)

## December 3

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

## December 3

Workshop, *Liver logic* with Barb Bancroft. 8:30 am- 4 pm in Edmonton. **December 2** in Calgary [https://www.nursinglinks.ca/info\\_liver.html](https://www.nursinglinks.ca/info_liver.html)

## December 4

University of Alberta, Adult Psychiatry Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski Heart Institute and by telehealth. <https://www.ualberta.ca/medicine/events/psychiatryadultgrandrounds>

## December 4- 6

Rocky Mountain Play Therapy Institute, *Certificate in treatment of trauma using play therapy skills*. In Calgary. <http://rmpti.com/specialized-programs/treatment-of-trauma/>

## December 5

University of Alberta Child and Adolescent Grand Rounds, 9- 10 am in the Auditorium, Glenrose Rehabilitation Hospital. <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds/child-and-adolescent-psychiatry-grand-rounds-calendar>

## December 5- 6

Skills Practice Workshop, *Strengthening executive skills to promote school success* with Dr Peg Dawson. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/smart-scattered-4/>

## December 6

Education Series, *Addiction and mental illness: Concurrent disorders* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

## December 10

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

## December 11

University of Alberta, Adult Psychiatry Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski Heart Institute and by telehealth. <https://www.ualberta.ca/medicine/events/psychiatryadultgrandrounds>

## December 11

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

## December 11- 12

Workshop, *Motivational interviewing Level 2* with Donna Kerr. 9 am- 4 pm in Edmonton. <https://www.ahvna.org/events/vieweventdetails/352/>

Information, Evaluation and Professional Practice, Addiction and Mental Health, Edmonton Zone. [daniel.scott@ahs.ca](mailto:daniel.scott@ahs.ca)

**December 12**

Education Series, *Vaping: Is it the silver bullet?* with Kari Jesswein and Jennifer Pollard. 1- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**December 16**

CTRI Workshop, *Dialectical Behaviour Therapy- Balancing acceptance and change*. 9 am- 4 pm in Edmonton with Nadine Groves. <https://ca.ctrinstitute.com/workshops/dialectical-behaviour-therapy-balancing-acceptance-and-change-edmonton-dec-16-2019/#tickets> **December 17** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/dialectical-behaviour-therapy-balancing-acceptance-and-change-calgary-dec-17-2019/#tickets>

**December 17**

University of Calgary, Grand Rounds, *Kolabo* with Dr Rachel Grimminck, Dr Kimberly Williams, Dr Jaylynn Arcand, Dr May Shen and Dr Jian Choo. 12- 1 pm in Calgary and by telehealth. [https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event\\_id/978](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/978)

**December 18**

University of Alberta, Forensic Psychiatry Rounds with Barbara J. Walker-Renshaw (Health Law Practice Group). 9- 10 am in the Shaw Auditorium, Mazankowski Heart Institute and by telehealth. <https://www.ualberta.ca/medicine/events/psychiatryadultgrandrounds>

**January**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *Exploring masculinity and healthy relationships and Resources for best practice: Where to go and how to evaluate*. <https://www.albertahealthservices.ca/info/page4723.aspx>

**January 6- March 29**

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Sarah Gross (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

**January 16- 17**

PAA Workshop, *Critical factors in completing parenting assessments* by Dr Ann Marie Dewhurst. 9 am- 4 :30 pm in Edmonton. <https://psychologistsassociation.ab.ca/event-details/?id=106>

**January 17- 18**

EFT Edmonton Community, *Core skills training*, with Gail Palmer. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**January 20**

Alberta Society for Promotion of Sexual Health, Online Workshop, *A startling fact about dying: Sexuality matters* by Jodi Swan. <https://www.aspsh.ca/shop>

**January 21**

The Dr Roger Bland Lecture Series, *Self-care and the winter blues*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**January 24**

Workshop, *Strategies for shaping work life to prevent burnout* with Dr Michael Leiter. 9 am- 4 pm in Edmonton. <https://www.saot.ca/event/strategies-for-shaping-work-life-to-prevent-burnout-edmonton/> **January 25** in Calgary. <https://www.saot.ca/event/strategies-for-shaping-work-life-to-prevent-burnout-calgary/>

**January 27**

Inner City Health and Wellness Program/ARCH, 3<sup>rd</sup> Annual Symposium, *No more deaths*. Robbins Learning Centre, Edmonton. More information to come.

**January 29**

Workshop, *Understanding LGTBQ+ experiences of family violence* with Kristy Harcourt. 9 am- 12 noon in Edmonton. <https://www.eventbrite.ca/e/understanding-lgbtq-experiences-of-family-violence-tickets-70153179047?aff=ebdssbdestsearch>

**January 30**

CBT Canada Workshop, *Introduction to medical CBT* with Dr Greg Dubord. 9 am- 4:30 pm in Lethbridge <http://cbt.ca/uni/calgary/>

**February**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *Anxiety and perfectionism and Pediatric Obsessive Compulsive Disorder: An update for practitioners*. <https://www.albertahealthservices.ca/info/page4723.aspx>

**February 3- 23**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Teaching about human sexuality* with Christine Sturgeon and Carlie McPhee. <https://www.aspsh.ca/shop>

**February 5- 8**

International Neuropsychological Society Conference, *Neuropsychology in the era of precision medicine*. In Denver, USA. <https://www.the-ins.org/meetings/denver2020/>

**February 5- April 20**

University of Calgary, Online Course, *Advanced clinical supervision in psychology*. (\$1212) <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=66667>

**February 7**

Traumatic Brain Injury Conference, *Promoting well-being following traumatic brain injury* in Toronto.  
<https://events.myconferencesuite.com/TBI2020/reg/landing>

**February 15- 17**

Training, *Basic Accelerated Resolution Therapy* with Colleen Clark. 8:30 am- 5 pm in Calgary. (\$1500)  
<https://acceleratedresolutiontherapy.com/reg/icat.php?course=Basic#>

**February 17- March 27**

Online Course, *Fundamentals of addiction* with Lorrall Deline. (\$330) <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**February 17- March 27**

Online Course, *Counselling techniques in addiction practice* with Lorrall Deline. (\$330)  
<https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**February 18**

The Dr Roger Bland Lecture Series, *Addictions*. 6- 8 pm at the Telus World of Science in Edmonton. (Free)  
Presented by CASA. <https://www.casaservices.org/lectureseries>

**February 19- March 8**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Understanding masculinity and sexual violence* with Marek Buchanan and Joe McGuire. <https://www.aspsph.ca/shop>

**February 21- 22**

EFT Edmonton Community, *Core skills training*, with Veronica Kallos-Lilly. 9 am- 5 pm in Edmonton.  
<https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**February 24**

Workshop, *A clinical look at supplements and alternative therapies* with Barb Bancroft. 8:30 am- 4 pm in Edmonton. **February 25** in Calgary. . [https://www.nursinglinks.ca/frameaset\\_workshops.html](https://www.nursinglinks.ca/frameaset_workshops.html)

**February 25**

University of Calgary Videoconference, *Sexual assault* by Pauline Head. 8- 9 am by telehealth.  
[https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**March**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *Role of inflammation in susceptibility, resilience, and treatment of mental illness: A review of the evidence and Helping youth bounce back from stress: Part 1- Ins and outs of prompting resiliency* <https://www.albertahealthservices.ca/info/page4723.aspx>

**March 2- 22**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexual health history taking, contraception and STI basics* with Tammy Troute-Wood. <https://www.aspsph.ca/shop>

**March 3**

University of Calgary Videoconference, *Suspected sexual abuse in children* by Rob Tanguay. 8- 9 am by telehealth. [https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**March 3- 6**

6<sup>th</sup> Canadian Domestic Violence Conference in Halifax. <https://canadiandomesticviolenceconference.org/>

**March 5- 8**

Somatic Experiencing Edmonton, *Training for helping professionals: Beginning II*. In Edmonton.  
<https://www.setrainingedmonton.com/registration>

**March 6**

Psychiatric Quarterly Updates, *Anxiety*. 12:45- 4:45 pm in Calgary.  
[https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event\\_id/7211](https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar#!view/event/event_id/7211)

**March 6**

University of Calgary, Department of Psychiatry Research and Education Day.  
<https://cumming.ucalgary.ca/departments/psychiatry/news-events/calendar>

**March 9- April 17**

Online Course, *Addiction and the family* with Sylvie Smith (\$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 12- 13**

Workshop, *Grief Therapy as meaning reconstruction: Creative practices for counselling the bereaved* with Dr Robert Neimeyer. 9 am- 4 pm in the Fantasyland Hotel, Edmonton.  
<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467810&parentSite=FSW>

**March 12- 14**

CAOT Workshop, *Fundamentals of anxiety interventions: Assertiveness training, relaxation skills training and exposure therapy* with Dr Randy Paterson. 8 am- 4 pm in Calgary.  
[https://caot.ca/viewEvent.html?no\\_header=true&productId=10394](https://caot.ca/viewEvent.html?no_header=true&productId=10394)

**March 13- 14**

Workshop, *Decoding Autism* with Kim Barthel. 8 am- 4:30 pm daily in Edmonton.  
<https://www.saot.ca/event/decoding-autism/>

**March 16- April 5**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexuality and aging: So many possibilities* with Jennifer Opoku <https://www.aspsh.ca/shop>

**March 17**

The Dr Roger Bland Lecture Series, *Children in care*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**March 19**

PAA Workshop, *Developing your personalized approach to clinical supervision: The Contextual-Relational Meta-Framework* with Dr Jeff Chang. 9 am- 4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=105](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=105)

**March 19- 22**

Alberta Psychiatric Association, Scientific Conference and Annual General Meeting. In Banff. <https://albertapsych.org/conference>

**March 20- 21**

EFT Edmonton Community, *Core skills training*, with Gail Palmer. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**March 26- 28**

Alberta College of Social Workers, Annual Conference, *Connect. Explore. Grow*. In Edmonton. <https://www.acsw.ab.ca/site/annual-conference?nav=sidebar>

**March 26- 28**

Alberta Gambling Research Institute, 19<sup>th</sup> Annual Conference on Gambling Research. In Banff. <https://abgamblinginstitute.ca/>

**March 27**

PAA Workshop, *General assessments for Counselling Psychologists* with Dr Jamie Dyce. In Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=114](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=114)

**March 30- April 19**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka. <https://www.aspsh.ca/product-page-ijige/beyond-metoo-moving-forward-to-sexual-empowerment-1>

**March 30- May 8**

Online Course, *Trauma and addiction* with Ian Robertson and Michelle Graham. (\$330) <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 30- May 8**

Online Course, *Understanding relapse prevention* with Michelle Nogueira. (\$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 31**

University of Calgary Videoconference, *Breaking bad news* with Jennifer Burke. 8- 9 am by telehealth. [https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**April**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The transgender person as an individual: No one size fits all* and *Supporting youth with severe ASD who are nonverbal*. <https://www.albertahealthservices.ca/info/page4723.aspx>

**April 2- 5**

American Society of Addiction Medicine, 51<sup>st</sup> Annual Conference, *Innovations in addiction medicine and science* in Denver, Colorado. <https://www.eventscribe.com/2020/ASAM/>

**April 2- May 12**

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Edmonton and online. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

**April 6- May 1**

Online Training, *Parenting capacity assessments in child protection matters* with Dr Peter Choate. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467641&parentSite=FSW>

**April 7**

University of Calgary Videoconference, *Family Medicine approach to Transgender Medicine* with Jill Demontigny. 8- 9 am by telehealth. [https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**April 10**

PAA Workshop, *Trauma and PTSD in first responder populations* with Dr Megan McElheran. 9 am- 4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=103](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=103)

**April 13- May 3**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Counselling skills and sexual health: Helping clients make informed decisions* with Lucy Snider <https://www.aspsh.ca/shop>



**April 17**

PAA Workshop, *What every Psychologist should know about forensic practice* with Dr Roy Frenzel. 9 am- 4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=112](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=112)

**April 17- 18**

EFT Edmonton Community, *Core skills training*, with Veronica Kallos-Lilly. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**April 19- 22**

Canadian Association of Psychiatry and the Law, 25<sup>th</sup> Annual Conference, In Banff. <http://www.capl-acpd.org/upcoming-capl-conferences/>

**April 20**

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Calgary. **April 21** in Edmonton. [https://www.nursinglinks.ca/info\\_geriatric.html](https://www.nursinglinks.ca/info_geriatric.html)

**April 21**

The Dr Roger Bland Lecture Series, *Autism and mental health*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**April 22**

9<sup>th</sup> International Conference on Adolescents and Adults with FASD, *Review, respond and relate: Integrating research, policy and practice around the world*. In Vancouver. <https://interprofessional.ubc.ca/initiatives/fasd2020/>

**April 24- 26**

Institute of Child Psychology, *Annual Edmonton Children's Mental Health Conference*. In Edmonton. <https://instituteofchildpsychology.com/annual-edmonton-childrens-mental-health-conference-2020/>

**April 28- 29**

Workshop, *Treating chronically traumatized children: The sleeping dogs method* with Arianne Struik. 9 am- 4 pm in Calgary. <https://www.eventbrite.ca/e/treating-chronically-traumatized-children-the-sleeping-dogs-method-tickets-64752657943>

**April 29- May 1**

Mental Health on the Prairies Conference and Gathering, *Social justice, Vulnerability, Resilience*. In Brandon, Manitoba. <https://www.brandonu.ca/mhp/>

**April 30- May 1**

Brain Injury Canada Conference in Ottawa. <https://www.braininjurycanada.ca/ottawa-conference-2020/>

**May**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The gut-brain connection, part 2: The microbiome and early child/brain development, food intolerances, antibiotics, antacids and how a healthy diet can help and Helping youth bounce back from stress Part 2: Strategies to promote resiliency*. <https://www.albertahealthservices.ca/info/page4723.aspx>

**May 2**

PAA Workshop, *Competency-based clinical supervision: An experiential approach* by Dr Carol Falender. 9 am- 4 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=117](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=117)

**May 4**

Workshop, *Drug use in pregnancy* with Maureen Shogan. 8:30 am- 4 pm in Red Deer. **May 5** in Lethbridge. [https://www.nursinglinks.ca/info\\_drug.html](https://www.nursinglinks.ca/info_drug.html)

**May 4- 24**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Teaching about sexuality: Parents, children and teens* with Heather Cobb <https://www.aspsh.ca/shop>

**May 6- 8**

Alberta Therapeutic Recreation Association, 24<sup>th</sup> Annual Conference, *Venturing beyond* in Jasper. <https://www.alberta-tr.org/professional-development/2020-ctra-conference/>

**May 7- 8**

Conference, *Interdisciplinary Conference in Psychology*. In Ottawa. <https://www.refocusonrecovery.ca/en>

**May 7- 10**

Canadian Counselling and Psychotherapy Association Conference. In Edmonton. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

**May 8**

PAA Workshop, *Understanding, evaluating and treating Autism Spectrum Disorders: New data and new ideas* with Dr Sam Goldstein. 9 am- 4:30 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=115](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=115)

**May 18- June 7**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexual health considerations for youth in group homes and residential treatment facilities* with Rene Ross. <https://www.aspsh.ca/shop>

**May 20- 21**

Conference, *Refocus on recovery* in Toronto. <https://www.refocusonrecovery.ca/en>

**May 21- 22**

Canadian Nursing Informatics Association, Annual Conference, in Saskatoon. <https://cnia.ca/>

**May 21- 23**

Canadian Association of Cognitive and Behavioural Therapies, Annual Conference, *CBT knowledge and dissemination*. In Halifax. <https://cacbt.ca/en/conferences/2020-halifax-homepage/>

**May 22- 23**

Canadian Federation of Clinical Hypnosis, Spring Conference and Workshop, *A potpourri of effective hypnotic skills and hypnotic techniques for children and adults* with Dr Linda Thompson. In Banff. <https://www.clinicalhypnosis.ca/conferences-workshops/>

**May 22- 23**

EFT Edmonton Community, *Core skills training*, with Murray Armstrong. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**May 26**

The Dr Roger Bland Lecture Series, *Mental well-being: Lessons learned*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**May 28- 30**

Canadian Psychological Association, 81<sup>st</sup> Annual Convention and Tradeshow. In Montreal. <https://convention.cpa.ca/>

**May 30**

Workshop, *Hoarding: Assessment and intervention for Occupational Therapists*. 8 am- 4 pm in Calgary. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10336](https://caot.ca/viewEvent.html?no_header=true&productId=10336)

**May 31- June 3**

20<sup>th</sup> Annual e-Health Conference and Trade Show in Vancouver. <http://www.e-healthconference.com/>

**June 11- 14**

Conference, North American Society for the Psychology of Sport and Physical Activity in Vancouver. <https://www.naspspa.com/2019-conference/>

**June 18- 19**

Workshop, *Occupation and trauma: Expanding Occupational Therapy practice* with Megan Edgelow and Dr Heidi Cramm. 8 am- 4 pm in Vancouver. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10345](https://caot.ca/viewEvent.html?no_header=true&productId=10345)

**June 18- 21**

Somatic Experiencing Edmonton, *Training for helping professionals: Beginning III*. In Edmonton. <https://www.setrainingedmonton.com/registration>

**June 25- 26**

Workshop, *Cognitive Behavioural Therapy: Level 2 for Occupational Therapy* with Gord Hirano. 8 am- 4 pm in Edmonton. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10373](https://caot.ca/viewEvent.html?no_header=true&productId=10373)

**June 25- 28**

45<sup>th</sup> Annual Congress of the Canadian Psychoanalytic Society, *The long shadow of trauma: Black holes filled with ghosts from the past* in Toronto. <http://www.en.psychoanalysis.ca/45th-annual-congress-of-the-canadian-psychoanalytic-society/>

**July 15- 17**

CBT Canada Workshop, *Introduction to medical CBT* with Dr Greg Dubord. 8 am- noon daily in Banff <http://cbt.ca/locations/cbt-banff/>

**July 15- 18**

IFSW International Social Work Conference in Calgary. <https://swsd2020.com/>

**July 16- 17**

International Conference on Nursing in Addiction Care in Toronto. <https://waset.org/conference/2020/07/toronto/ICNAC>

**July 16- 17**

International LGBTQ Psychology Conference, *Preaching to the choir* in Prague, Czech Republic. <https://cpasogii.com/preach2020>

**July 30- August 2**

11<sup>th</sup> Biennial International Meaning Conference, *From vulnerability to resilience and well-being: Advances in existential and positive psychology*. In Toronto. <https://www.meaning.ca/conferences-and-events/meaning-conference-2020/>




**September 24- November 10**

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Calgary and online. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

**October 14- 17**

International Nurses Society on Addiction, Global Vision Conference in Calgary. <http://intnsacanada.com/>

## Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines*. <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** [https://libguides.adelaide.edu.au/psychiatry/rating\\_scales](https://libguides.adelaide.edu.au/psychiatry/rating_scales)
- ⚙ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ⚙ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the  playlist <https://www.youtube.com/playlist?list=PL1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ⚙ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/uAlberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **At Home with Eating Disorders Conference Series ** Recorded expert speaker presentations [https://www.youtube.com/channel/UCHJ\\_kGWdRgTZw2ago0frNZw](https://www.youtube.com/channel/UCHJ_kGWdRgTZw2ago0frNZw)
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules available on MLL or the Primary Health Care Learning Portal <https://phc.myabsorb.ca/#/login> or the External AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>

- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium  
<http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth.  
<http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation.  
<https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations)  
<http://cdm.absorbtraining.ca/#/login>
- ⚙ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch.  
<http://www.mentalhealthcommission.ca/English/webinars>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources.  
<http://www.albertahealthservices.ca/info/page15526.aspx>
- ⚙ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns.  
<http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus  
<https://sites.google.com/a/ualberta.ca/ggr/>
- ⚙ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://nao.ca/bpg/initiatives/mhai/purpose>
- ⚙ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada.  
<http://www.mentalhealthfirstaid.ca/en/course-info/courses>
- ⚙ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ⚙ **Cannabis 101** Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at [dst.education@ahs.ca](mailto:dst.education@ahs.ca)
- ⚙ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health  
<https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ⚙ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ⚙ **Jack Hirose Webinars**. On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ⚙ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars.  
<https://ca.ctrinstitute.com/>
- ⚙ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers.  
<https://moodle9.camhx.ca/moodle/?lang=en>
- ⚙ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ⚙ **Practice Wise**. AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hpsp/Page12451.aspx>
- ⚙ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. [www.crismprairies.ca](http://www.crismprairies.ca)