

# Cognition

February, 2020

Daily Event Listings  
Online Learning Resources



Addiction and Mental Health

## Learning Events

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### February

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *Anxiety and perfectionism and Pediatric Obsessive Compulsive Disorder: An update for practitioners.*

<https://www.albertahealthservices.ca/info/page4723.aspx>

### February 3

Workshop, *Harm reduction saved my life: Overdose prevention and naloxone training.* 1- 3 pm in Calgary.

<https://www.eventbrite.ca/e/harm-reduction-saved-my-life-overdose-prevention-naloxone-training-tickets-75710296535?aff=ebdssbdestsearch>

### February 3- 23

Alberta Society for Promotion of Sexual Health, Online Workshop, *Teaching about human sexuality* with Christine Sturgeon and Carlie McPhee. <https://www.aspsh.ca/shop>

### February 4

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

### February 5

Education Series, *Addiction and relapse prevention* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

### February 5

University of Alberta, Psychiatry Grand Rounds, 12- 1 pm in the Mazankowski Heart Institute and by telehealth. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds>

### February 5- 8

International Neuropsychological Society Conference, *Neuropsychology in the era of precision medicine.* In Denver, USA. <https://www.the-ins.org/meetings/denver2020/>

### February 5- April 20

University of Calgary, Online Course, *Advanced clinical supervision in psychology.* (\$1212)

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=66667>

### February 6

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

### February 6

Child and Adolescent Grand Rounds, 9- 10 am by telehealth and in the Auditorium, Glenrose Rehabilitation Hospital, Edmonton <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

### February 7

Traumatic Brain Injury Conference, *Promoting well-being following traumatic brain injury* in Toronto.

<https://events.myconferencesuite.com/TBI2020/reg/landing>

### February 8

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal.*

9 am- 4 pm in Red Deer. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-red-deer-ab/>

### February 10- 11

CTRI Workshop, *Brief focused counselling skills* with Danielle Forth. 9 am- 4 pm in Edmonton.

<https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-strategies-from-leading-frameworks-edmonton-feb-10-2020/#tickets> **February 11- 12** in Calgary with Katie Domries.

[https://ca.ctrinstitute.com/workshops/?tribe\\_paged=1&tribe\\_event\\_display=list&tribe\\_ecp\\_custom\\_16=Public+Workshops&tribe\\_state%5B%5D=4692%2C4906%2C149402%2C225031%2C243211](https://ca.ctrinstitute.com/workshops/?tribe_paged=1&tribe_event_display=list&tribe_ecp_custom_16=Public+Workshops&tribe_state%5B%5D=4692%2C4906%2C149402%2C225031%2C243211)

### February 10- May 3

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Jennifer Hackbart (\$1100).

<https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

### February 11

Online/in-person Lunch & Learn. *A coherent and effective performance measurement framework for Mental Health and Addictions in Canada: Inevitable or impossible?* with Dr. Carol Adair. 12-12:40 pm. RSVP at

<https://survey.ahs.ca/KnowledgeBites>. More information at <https://albertahealthservices.ca/info/Page16241.aspx>.

**February 11**

Education Series, *Addiction and relapse prevention* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**February 11**

Training, *Harm Reduction and take home Naloxone kits* by ARCHES. 1- 2:30 pm in Lethbridge. <https://www.eventbrite.ca/e/harm-reduction-take-home-naloxone-kit-training-by-arches-tickets-48075500115?aff=ebdssbdestsearch>

**February 12**

University of Alberta, Adult Psychiatry Grand Rounds, 12- 1 pm in the Mazankowski Heart Institute and by telehealth. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds>

**February 13**

14<sup>th</sup> Covenant Health Research Day, *Advancements in dementia: Causation, treatment and care of this vulnerable population*. 7:30 am- 4:30 pm at Grey Nuns Community Hospital, Edmonton. <https://www.covenanthealth.ca/research-centre/events.aspx?id=13998>

**February 13**

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**February 13-16**

4-Day Workshop, *Prolonged Exposure (PE) Therapy for PTSD* with Dr David Paul at the Centre for Posttraumatic Stress & Anxiety Treatment in Edmonton <https://www.cpsat.ca/training>

**February 15- 17**

Training, *Basic Accelerated Resolution Therapy* with Colleen Clark. 8:30 am- 5 pm in Calgary. (\$1500) <https://acceleratedresolutiontherapy.com/reg/icat.php?course=Basic#>

**February 17- March 27**

Online Course, *Fundamentals of addiction* with Lorrall Deline. (\$330) <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**February 17- March 27**

Online Course, *Counselling techniques in addiction practice* with Lorrall Deline. (\$330) <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**February 18**

The Dr Roger Bland Lecture Series, *Addictions*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**February 19**

University of Alberta, Psychiatry Grand Rounds, 12- 1 pm in the Mazankowski Heart Institute and by telehealth. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds>

**February 19- March 8**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Understanding masculinity and sexual violence* with Marek Buchanan and Joe McGuire. <https://www.aspsh.ca/shop>

**February 20**

Education Series, *Addiction and mental illness: Concurrent disorders* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**February 20**

Child and Adolescent Grand Rounds, 9- 10 am by telehealth and in the Auditorium, Glenrose Rehabilitation Hospital, Edmonton <https://www.ualberta.ca/psychiatry/grand-rounds/child-and-adolescent-psychiatry-grand-rounds>

**February 21- 22**

EFT Edmonton Community, *Core skills training*, with Veronica Kallos-Lilly. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**February 24**

Workshop, *A clinical look at supplements and alternative therapies* with Barb Bancroft. 8:30 am- 4 pm in Edmonton. **February 25** in Calgary. [https://www.nursinglinks.ca/frameset\\_workshops.html](https://www.nursinglinks.ca/frameset_workshops.html)

**February 24**

CTRI Workshop, *Addictions and mental illness: Working with co-occurring disorders* with John Koop Harder. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-working-with-co-occurring-disorders-edmonton-feb-24-2020/#tickets> **February 26** in Calgary with Alexis Power <https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-working-with-co-occurring-disorders-calgary-feb-26-2020/#tickets>

**February 24- May 24**

University of Calgary, *Psychiatry online literature review course* for physicians and residents. <https://cumming.ucalgary.ca/cme/courses/format/online/psychiatry-online-literature-review-course>

**February 25**

Inner City Health and Wellness Program, Grand Rounds. 12- 1 pm in Robbins Learning Centre Theatre, Edmonton.

**February 25**

University of Calgary Videoconference, *Sexual assault* by Pauline Head. 8- 9 am by telehealth.

[https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**February 25**

CTRI Workshop, *Harm reduction: A framework for change, choice and control* with John Koop Harder.

<https://ca.ctrinstitute.com/workshops/harm-reduction-a-framework-for-change-choice-and-control-edmonton-feb-25-2020/#tickets> **February 27** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/harm-reduction-a-framework-for-change-choice-and-control-calgary-feb-27-2020/#tickets>

**February 26**

Webinar, *Self-injury in youth- Issues and strategies*. 8 am- 3 pm <https://aecea.ca/live-stream-self-injury-behaviour-youth-%E2%80%93-issues-and-strategies>

**February 26**

University of Alberta, Adult Psychiatry Grand Rounds, 12- 1 pm in the Mazankowski Heart Institute and by telehealth. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds>

**February 26**

Workshop, *Trauma informed care* with Gail Burton. 12- 4:30 pm in Calgary. Sponsored by the O'Brien Institute for Public Health. <https://www.eventbrite.ca/e/trauma-informed-care-workshop-feb-26-2020-registration-76481529313>

**February 28**

Edmonton Zone Psychology Practice Council, 7<sup>th</sup> Annual General Meeting and Professional Day. 8:30 am- 4:30 pm in the Robbins Learning Centre, Royal Alexandra Hospital. <https://www.surveymonkey.com/r/Y5FSP2K>

**February 28**

Imagine Institute for Learning Workshop, *Responding to trauma in early childhood*. 9 am- 4 pm in Edmonton.

<https://imagineinstitute.ca/upcoming-sessions/responding-to-trauma-in-early-childhood-february-28-2020/>

**February 29**

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal* with Tania Johnson. 9 am- 4 pm in Lethbridge. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-lethbridge-ab/>

**March**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *Role of inflammation in susceptibility, resilience, and treatment of mental illness: A review of the evidence* and *Helping youth bounce back from stress: Part 1- Ins and outs of prompting resiliency* <https://www.albertahealthservices.ca/info/page4723.aspx>

**March 2- 22**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexual health history taking, contraception and STI basics* with Tammy Troute-Wood. <https://www.aspsh.ca/shop>

**March 2- April 5**

Online Course, *Advanced knowledge for dementia care* with Pam Wudel. (20 Hours/\$379)

<https://www.mtroyal.ca/ProgramsCourses/ContinuingEducation/healthhumanservice/DementiaPrograms/DementiaCareAdvanced/index.htm>

**March 3**

University of Calgary Videoconference, *Suspected sexual abuse in children* by Rob Tanguay. 8- 9 am by telehealth. [https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**March 3**

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**March 3- 6**

6<sup>th</sup> Canadian Domestic Violence Conference in Halifax. <https://canadiandomesticviolenceconference.org/>

**March 4**

Education Series, *Addiction and mental illness: Concurrent disorders* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**March 5**

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team

**March 5- 6**

Autism Awareness Centre Conference with Amy Buie and Dr Brenda Smith Myles.

<https://autismawarenesscentre.com/shop/conferences-training/conferences/edmonton-ab-march-5-6-2020/>

**March 5- 6**

9<sup>th</sup> Annual E-Mental Health Conference, *Caring in a digital world: Introducing disruptive change to mental health care*. In Toronto. <https://www.eventbrite.ca/e/9th-annual-e-mental-health-conference-tickets-70820980459>

**March 5- 8**

Somatic Experiencing Edmonton, *Training for helping professionals: Beginning II*. In Edmonton. <https://www.setrainingedmonton.com/registration>

**March 6**

University of Calgary, 33<sup>rd</sup> Annual Sebastian K. Littmann Research Day with Dr Nicole Kozloff (University of Toronto) and Professor Frank Stahnisch. [https://people.ucalgary.ca/~patten/Seb\\_Littmann\\_Main.html](https://people.ucalgary.ca/~patten/Seb_Littmann_Main.html)

**March 6**

University of Calgary, Psychiatric Quarterly Updates, *Anxiety*. 12:45- 4:45 pm in Calgary. [https://cumming.ucalgary.ca/cme/calendar#lview/event/event\\_id/10231](https://cumming.ucalgary.ca/cme/calendar#lview/event/event_id/10231)

**March 7**

CTRI Workshop, *Challenging behaviours in youth: Strategies for intervention* with Vivian Houg. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/challenging-behaviours-in-youth-strategies-for-intervention-edmonton-mar-7-2020/#registration> **March 14** in Calgary with Rachel Clare. <https://ca.ctrinstitute.com/workshops/challenging-behaviours-in-youth-strategies-for-intervention-calgary-mar-14-2020/#tickets>

**March 9- 10**

CTRI Workshop, *Autism: Strategies for self-regulation, learning, and challenging behaviours* with Kalyn Falk. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/autism-strategies-for-self-regulation-learning-and-challenging-behaviours-edmonton-mar-9-2020/#registration> **March 11- 12** in Calgary with Kalyn Falk. <https://ca.ctrinstitute.com/workshops/autism-strategies-for-self-regulation-learning-and-challenging-behaviours-calgary-mar-11-2020/#tickets>

**March 9- May 31**

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Sarah Gross (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

**March 9- April 17**

Online Course, *Addiction and the family* with Sylvie Smith (\$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 11**

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**March 11**

Conference, *Aging + brain innovation: What's next Canada?* In Toronto. <https://www.cabhi.com/wnc/>

**March 11**

CTRI Workshop, *Anxiety: Practical intervention strategies* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/anxiety-practical-intervention-strategies-edmonton-mar-11-2020/#tickets> **March 10** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/anxiety-practical-intervention-strategies-calgary-mar-10-2020/#tickets>

**March 12**

Online/in-person Lunch & Learn. *A coherent and effective performance measurement framework for Mental Health and Addictions in Canada: Inevitable or impossible?* with Dr. Carol Adair. 12–12:40pm. RSVP at <https://survey.ahs.ca/KnowledgeBites>. More information at <https://albertahealthservices.ca/info/Page16241.aspx>.

**March 12- 13**

Workshop, *Grief Therapy as meaning reconstruction: Creative practices for counselling the bereaved* with Dr Robert Neimeyer. 9 am- 4 pm in the Fantasyland Hotel, Edmonton. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467810&parentSite=FSW>

**March 12- 14**

CAOT Workshop, *Fundamentals of anxiety interventions: Assertiveness training, relaxation skills training and exposure therapy* with Dr Randy Paterson. 8 am- 4 pm in Calgary. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10394](https://caot.ca/viewEvent.html?no_header=true&productId=10394)

**March 13- 14**

Workshop, *Decoding Autism* with Kim Barthel. 8 am- 4:30 pm daily in Edmonton. <https://www.saot.ca/event/decoding-autism/>

**March 13- 16**

Edu-Therapy Solutions Workshop, *A cognitive behavioural process for healing grieving hearts*. In Calgary. [http://edutherapysolutions.com/certificationregistration/?epl\\_action=process\\_cart\\_action&cart\\_action=add&event\\_id=1941&\\_rand=5de7d501ea9ea&\\_date\\_id=f5c710](http://edutherapysolutions.com/certificationregistration/?epl_action=process_cart_action&cart_action=add&event_id=1941&_rand=5de7d501ea9ea&_date_id=f5c710)

**March 15- 18**

Banff International Conferences on Behavioural Science, *Mindfulness for families, schools and communities: From promotion to intervention*. In Banff. <https://banffbehavsci.ubc.ca/>



**March 16- 19**

Workshops, *Emotion-focused Therapy, Level One* with Dr Serine Warwar. 9 am- 5 pm in Calgary.

<https://emotionfocusedtherapyalberta.ca/upcoming-workshops/>

**March 16- April 5**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexuality and aging: So many possibilities* with Jennifer Opoku <https://www.aspsh.ca/shop>

**March 16- April 13**

Online Course, *Clinical Social Work Supervision* with Dr Jane Matheson <https://www.ucalgary.ca/pd/workshops>

**March 17**

The Dr Roger Bland Lecture Series, *Children in care*. 6- 8 pm at the Telus World of Science in Edmonton. (Free)

Presented by CASA. <https://www.casaservices.org/lectureseries>

**March 18**

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**March 18- 19**

College and Association of Registered Nurses of Alberta, Conference and AGM, *Think globally, act locally*. 8 am- 5 pm in Edmonton. <https://www.eventbrite.ca/e/carna-2020-conference-and-agm-tickets-75758231911?aff=Website>

**March 19**

PAA Workshop, *Developing your personalized approach to clinical supervision: The Contextual-Relational Meta-Framework* with Dr Jeff Chang. 9 am- 4:30 pm in Calgary.

[https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=105](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=105)

**March 19- 22**

Alberta Psychiatric Association, Scientific Conference and Annual General Meeting. In Banff.

<https://albertapsych.org/conference>

**March 20- 21**

EFT Edmonton Community, *Core skills training*, with Gail Palmer. 9 am- 5 pm in Edmonton.

<https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**March 21**

Inclusive Health Conference, *LGBTQ + Health in medicine*. In Edmonton. <https://inclusivehealthconference.com/>

**March 23- 24**

Workshop, *Trauma and the struggle to open up: Relational strategies to treat challenging trauma clients* with Dr Robert Muller in Calgary <http://www.jackhirose.com/>

**March 24**

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**March 26- 28**

Alberta College of Social Workers, Annual Conference, *Connect. Explore. Grow*. In Edmonton.

<https://www.acsw.ab.ca/site/annual-conference?nav=sidebar>

**March 26- 28**

Alberta Gambling Research Institute, 19<sup>th</sup> Annual Conference on Gambling Research. In Banff.

<https://abgamblinginstitute.ca/>

**March 27**

PAA Workshop, *General assessments for Counselling Psychologists* with Dr Jamie Dyce. In Edmonton.

[https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=114](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=114)

**March 30- 31**

Canadian Consortium for the Investigation of Cannabinoids, 7<sup>th</sup> Annual Conference in Banff. <https://ccic.net/ccic-conference/>

**March 30- 31**

CTRI Workshop, *Trauma: Strategies for resolving the impact of post-traumatic stress* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/trauma-strategies-for-resolving-the-impact-of-post-traumatic-stress-edmonton-mar-30-2020/#tickets>

**March 31- April 1** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/trauma-strategies-for-resolving-the-impact-of-post-traumatic-stress-calgary-mar-31-2020/#tickets>

**March 30- April 19**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Beyond #METOO: Moving forward to sexual empowerment* with Angela Sumka. <https://www.aspsh.ca/product-page-ijqge/beyond-metoo-moving-forward-to-sexual-empowerment-1>

**March 30- May 8**

Online Course, *Trauma and addiction* with Ian Robertson and Michelle Graham. (\$330)

<https://www.wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 30- May 8**

Online Course, *Understanding relapse prevention* with Michelle Nogueira. (12 hours, \$330)

<https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**March 31**

University of Calgary Videoconference, *Breaking bad news* with Jennifer Burke. 8- 9 am by telehealth.

[https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**March 31**

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**March 31- April 1**

Conference, *Shaping the employee experience through psychological safety: Mental health in the capital*.

In Ottawa. <https://www.conferenceboard.ca/web/mental-health-in-the-capital.html>

**April**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The transgender person as an individual: No one size fits all* and *Supporting youth with severe ASD who are nonverbal*.

<https://www.albertahealthservices.ca/info/page4723.aspx>

**April 2**

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**April 2- 4**

Collaborative Perspectives on Addiction, 8<sup>th</sup> Annual Conference, *Substance use and addictive behaviours across the lifespan*. In San Diego. <https://addictionpsychology.org/conventions/cpa/2020-collaborative-perspectives-addiction-meeting>

**April 2- 5**

American Society of Addiction Medicine, 51<sup>st</sup> Annual Conference, *Innovations in addiction medicine and science* in Denver, Colorado. <https://www.eventscribe.com/2020/ASAM/>

**April 2- May 5**

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Edmonton and online.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

**April 4**

Alberta Sexual Assault Course and Conference. 7:30 am- 4:30 pm in Calgary.

[https://cumming.ucalgary.ca/cme/calendar#!view/event/event\\_id/12937](https://cumming.ucalgary.ca/cme/calendar#!view/event/event_id/12937)

**April 6- May 1**

Online Training, *Parenting capacity assessments in child protection matters* with Dr Peter Choate.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467641&parentSite=FSW>

**April 6- June 28**

Online Course, *Level 2: Cognitive Behavioural Therapy with mental health disorders* (12 weeks) with Sarah Gross (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

**April 6**

Workshop, *Self-regulation for the stressed brain* by Bonnie Randall. 9 am- 12 noon in Edmonton.

<http://www.erlc.ca/programs/details.php?id=7956>

**April 6**

Workshop, *Psychopharmacology update* with Dr Anthony Tobia (Rutgers Medical School). 8:30 am- 4 pm in Edmonton. April 7 in Calgary. [https://www.nursinglinks.ca/info\\_psychopharmacology.html](https://www.nursinglinks.ca/info_psychopharmacology.html)

**April 7**

University of Calgary Videoconference, *Family Medicine approach to Transgender Medicine* with Jill Demontigny.

8- 9 am by telehealth. [https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event\\_id/6967](https://cumming.ucalgary.ca/cme/courses/topics#!view/event/event_id/6967)

**April 7**

Workshop, *Helping children on the Autism Spectrum and ADHD: Research backed strategies*. 9 am- 3:30 pm in Red Deer.

<https://aecea.ca/helping-children-autism-spectrum-adhd-research-backed-strategies>

**April 8**

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**April 10**

PAA Workshop, *Trauma and PTSD in first responder populations* with Dr Megan McElheran. 9 am- 4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=103](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=103)

**April 13- May 3**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Counselling skills and sexual health: Helping clients make informed decisions* with Lucy Snider <https://www.aspsh.ca/shop>

**April 13- 14**

Workshop, *Gottman level 1*. 9 am- 5 pm in Edmonton. <https://bestmarriages.ca/events/gottman-level-1-edmonton-alberta/>

**April 15- 17**

Workshop, *Gottman level 2*. 8:30 am- 5 pm in Edmonton <https://bestmarriages.ca/events/gottman-level-2-edmonton-ab-4/>

**April 16**

Education Series, *Building better mental and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**April 16- 17**

CTRI Workshop, *Self-injury in youth: Issues and strategies* with Marwa Fadol. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-calgary-apr-16-2020/#tickets> April 16-- 17 in Edmonton with Danielle Forth. <https://ca.ctrinstitute.com/workshops/self-injury-behaviour-in-youth-edmonton-apr-15-2020/#registration>

**April 17**

PAA Workshop, *What every Psychologist should know about forensic practice* with Dr Roy Frenzel. 9 am- 4:30 pm in Calgary. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=112](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=112)

**April 17**

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal* with Tania Johnson. 9 am- 4 pm in Fort McMurray. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-fort-mcmurray-ab/>

**April 17**

Institute of Child Psychology, Workshop, *Childhood anxiety: Understanding and helping children heal* with Tammy Schamuhn. 9 am- 4 pm in Lloydminster. <https://instituteofchildpsychology.com/product/childhood-anxiety-understanding-and-helping-children-heal-lloydminster-ab/>

**April 17- 18**

EFT Edmonton Community, *Core skills training*, with Veronica Kallos-Lilly. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**April 19- 22**

Canadian Association of Psychiatry and the Law, 25<sup>th</sup> Annual Conference, In Banff. <http://www.capl-acpd.org/upcoming-capl-conferences/>

**April 20**

Workshop, *Challenging geriatric behaviours* with Steven Atkinson. 8:30 am- 4 pm in Calgary. **April 21** in Edmonton. [https://www.nursinglinks.ca/info\\_geriatric.html](https://www.nursinglinks.ca/info_geriatric.html)

**April 20- 21**

Workshop, *Working with oppositional defiant and anger issues with children and adolescents* by Dr Jay Berk. 8:30 am- 4 pm in Red Deer. <http://www.jackhirose.com/>

**April 21**

The Dr Roger Bland Lecture Series, *Autism and mental health*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**April 21- 23**

Rainbow Health Ontario, *Canada's forum for LGBT2SQ health* in Niagara Falls. <https://www.rho2020.ca/>

**April 22- 25**

9<sup>th</sup> International Conference on Adolescents and Adults with FASD, *Review, respond and relate: Integrating research, policy and practice around the world*. In Vancouver. <https://interprofessional.ubc.ca/initiatives/fasd2020/>

**April 22**

Education Series, *Helping others cope with grief* with Laurie Young. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**April 23**

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Presented by the AHS Prevention and Health Promotion team.

**April 23**

2<sup>nd</sup> Annual Summit, *Value-based healthcare Canada* in Toronto. <https://www.conferenceboard.ca/web/value-based-health-care.html>

**April 24- 26**

Institute of Child Psychology, *Annual Edmonton Children's Mental Health Conference*. In Edmonton. <https://instituteofchildpsychology.com/annual-edmonton-childrens-mental-health-conference-2020/>

**April 27- 28**

CTRI Workshop, *Walking through grief: Helping others deal with loss* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-helping-others-deal-with-loss-edmonton-apr-27-2020/#tickets> **April 28- 29** in Calgary with Natalie Imbach <https://ca.ctrinstitute.com/workshops/walking-through-grief-helping-others-deal-with-loss-calgary-apr-28-2020/#registration>

**April 27- 28**

Workshop, *Proven and effective play therapy strategies with children of all ages* by Dr Christine Dargon. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

**April 28- 29**

Workshop, *Treating chronically traumatized children: The sleeping dogs method* with Arianne Struik. 9 am- 4 pm in Calgary. <https://www.eventbrite.ca/e/treating-chronically-traumatized-children-the-sleeping-dogs-method-tickets-64752657943>

**April 28- 30**

Canadian Public Health Association, *Public Health 2020* in Winnipeg. <https://cpha.ca/publichealth2020>

**April 29**

Education Series, *Helping others cope with grief* with Laurie Young. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

**April 29- May 1**

Mental Health on the Prairies Conference and Gathering, *Social justice, Vulnerability, Resilience*. In Brandon, Manitoba. <https://www.brandonu.ca/mhp/>

**April 30- May 1**

Brain Injury Canada Conference in Ottawa. <https://www.braininjurycanada.ca/ottawa-conference-2020/>

**April 30- May 3**

Workshop, *Prolonged Exposure Therapy* with Dr Elna Yadin. In Edmonton. <https://www.wcb.ab.ca/millard-treatment-centre/workshops/prolonged-exposure-workshop.html>

**May**

Healthy Minds, Healthy Children, Monthly free and accredited online courses. *The gut-brain connection, part 2: The microbiome and early child/brain development, food intolerances, antibiotics, antacids and how a healthy diet can help* and *Helping youth bounce back from stress Part 2: Strategies to promote resiliency*. <https://www.albertahealthservices.ca/info/page4723.aspx>

**May 1- 2**

14<sup>th</sup> Biennial Western Canadian Conference of Sexual Health, *Synergies of sexuality: Seeing the whole person* in Calgary. <https://www.aspsh.ca/2020-conference>

**May 1- 3**

Institute of Child Psychology, *Annual Children's Mental Health Conference* in Edmonton. <https://instituteofchildpsychology.com/annual-edmonton-childrens-mental-health-conference-2020/>

**May 2**

PAA Workshop, *Competency-based clinical supervision: An experiential approach* by Dr Carol Falender. 9 am- 4 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=117](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=117)

**May 2- 8**

MBSR Teacher Training Intensive with Dr Patricia Rockman and Gwen Morgan in Nanaimo, BC. <https://www.mindfulnessstudies.com/event/21-330-01/>

**May 4**

Workshop, *Drug use in pregnancy* with Maureen Shogan. 8:30 am- 4 pm in Red Deer. **May 5** in Lethbridge. [https://www.nursinglinks.ca/info\\_drug.html](https://www.nursinglinks.ca/info_drug.html)

**May 4- 5**

Two Day Skills Training Intensive, *Strengthening executive skills in children and adolescents* with Dr Peg Dawson. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

**May 4- 24**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Teaching about sexuality: Parents, children and teens* with Heather Cobb <https://www.aspsh.ca/shop>

**May 4- July 26**

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Jennifer Hackbart (\$1100). <https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>



**May 6- 7**

RCSD Conference, *Integrating research, practice and policy for improving youth transitions to adulthood in Alberta*. In Calgary. <https://www.calgaryandarearcsd.ca/news-and-events/conferences-and-events/yta-conference-2020>

**May 6- 8**

Alberta Therapeutic Recreation Association, 24<sup>th</sup> Annual Conference, *Venturing beyond* in Jasper. <https://www.alberta-tr.org/professional-development/2020-ctra-conference/>

**May 6- 9**

Canadian Association of Occupational Therapists Conference in Saskatoon. [https://www.caot.ca/site/pd/conferences/call\\_for\\_papers?nav=sidebar](https://www.caot.ca/site/pd/conferences/call_for_papers?nav=sidebar)

**May 7- 8**

Workshop, *Trauma Informed Care: Understanding and responding to the impact of trauma on brain development* with Dr Bruce Perry and Dr Stuart Ablon. 8:30 am- 4 pm in Lethbridge. <https://www.eventbrite.ca/e/dr-bruce-perry-and-dr-stuart-ablon-2-day-conference-tickets-64697088734> Sponsored by the Mental Health Promotion Committee of Southern Alberta.

**May 7- 10**

Canadian Counselling and Psychotherapy Association Conference. In Edmonton. <https://www.ccpa-accp.ca/general-continuing-education/annual-conference/>

**May 8**

PAA Workshop, *Understanding, evaluating and treating Autism Spectrum Disorders: New data and new ideas* with Dr Sam Goldstein. 9 am- 4:30 pm in Edmonton. [https://www.psychologistsassociation.ab.ca/site/paa\\_workshops\\_forum?type=event&id=115](https://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=115)

**May 11**

Workshop, *LGBTQ2S+ Health: Providing affirming care* with Tammy Troute-Wood. 8:30 am- 4 pm in Edmonton. [https://www.nursinglinks.ca/frameset\\_main.html](https://www.nursinglinks.ca/frameset_main.html)

**May 11- 12**

Two Day Intensive, *DBT skills training* with Sheri Van Dijk in Calgary. <http://www.jackhirose.com/>

**May 11- 12**

Workshop, *Over 30 proven and effective brief interventions for children and adolescents with emotional and behavioural problems* by Dr Steven Olivas. 8:30 am- 4 pm in Edmonton. <http://www.jackhirose.com/>

**May 11- 13**

School-Focused Mental Health Conference with Dr Robert Brooks. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**May 11- June 19**

Online Course, *Addiction Pharmacology* with Dr Rick Csiernik. (12 hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 11- June 19**

Online Course, *Concurrent Disorders* with Melissa Pyne. (12 hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 12- 16**

Canadian Centre for Gender + Sexual Diversity, *GSA Leadership Forum* in Ottawa <http://ccgsd-ccdgs.org/16195/>

**May 14- 15**

Centre for Health Law, Policy and Ethics Conference, *First, do less harm. Harm reduction as a principle of health policy and law*. In Ottawa. <https://ottawaharmredux.org/>

**May 18**

International Doctors for Healthier Drug Policies Conference, In Amsterdam, Netherlands. <https://idhdp.com/en/resources/events/november-2019/iotod-2020-conference.aspx>

**May 18- June 7**

Alberta Society for Promotion of Sexual Health, Online Workshop, *Sexual health considerations for youth in group homes and residential treatment facilities* with Rene Ross. <https://www.aspsh.ca/shop>

**May 18 – June 19**

Online Course, *Engaging challenging clients: Working in addictions with specialized populations* with Omer Vandevyvere. (12 Hours, \$330) <https://wlu.ca/professional-development/fsw-professional-development/certificates/addictions-certificate.html>

**May 19**

Inner City Health and Wellness Program, Grand Rounds. 12- 1 pm in Robbins Learning Centre Theatre, Edmonton.

**May 19- 20**

Workshop, *Preventing problem behavior: An emotion regulation relationship-based approach* by Dr Barry Prizant. 9 am- 3:30 pm in Edmonton. <https://www.erc.ca/register/?id=3751>

**May 19- 20**

Dorothy Wylie Health Leaders Institute, *Leading in complex environments: Finding the courage to lead*. In Toronto. <https://cna-aiic.ca/en/academy/dorothy-wylie-health-leaders-institute>

**May 22**

University of Alberta, Psychiatry Grand Rounds, *Psychodermatology: Current practices and potential advances* by Tarek Turk. 12- 1 pm by telehealth and in the Shaw Auditorium, Mazankowski Heart Institute, Edmonton. <https://www.ualberta.ca/psychiatry/grand-rounds/adult-psychiatry-grand-rounds/adult-psychiatry-grand-rounds-calendar>

**May 20- 21**

Refocus on Recovery Conference, *Diversity and mental health* in Toronto. <https://www.refocusonrecovery.ca/en>

**May 21- 22**

Canadian Nursing Informatics Association, Annual Conference, in Saskatoon. <https://cnia.ca/>

**May 21- 23**

28<sup>th</sup> Annual Conference hosted by Harm Reduction Nurses Association, Alberta Coalition for Harm Reduction and the Canadian Association of Nurses in HIV/AIDS Care. In Edmonton. <http://canac.org/annual-conference/>

**May 21- 23**

Canadian Association of Cognitive and Behavioural Therapies, Annual Conference, *CBT knowledge and dissemination*. In Halifax. <https://cacbt.ca/en/conferences/2020-halifax-homepage/>

**May 21- 23**

46<sup>th</sup> Annual Conference, Canadian Association of Music Therapists, *Creating space: Nurturing potential* in Regina. <https://www.musictherapy.ca/conference/>

**May 21- 23**

4<sup>th</sup> Biennial Indigenous Health Conference, *Building our future* in Niagara Falls. <http://www.csih.org/en/events/upcoming-events>

**May 22**

1<sup>st</sup> Annual, *Alberta conference on mental illness for family members and health care providers*. Edmonton Inn and Conference Centre. Presented by FAMI Alberta. <https://famialberta.ca/>

**May 22- 23**

Canadian Federation of Clinical Hypnosis, Spring Conference and Workshop, *A potpourri of effective hypnotic skills and hypnotic techniques for children and adults* with Dr Linda Thompson. In Banff. <https://www.clinicalhypnosis.ca/conferences-workshops/>

**May 22- 23**

EFT Edmonton Community, *Core skills training*, with Murray Armstrong. 9 am- 5 pm in Edmonton. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training>

**May 25**

Workshop, *LGBTQ2S+ Health: Providing affirming care* with Tammy Troute-Wood. 8:30 am- 4 pm in Calgary. [https://www.nursinglinks.ca/frameset\\_main.html](https://www.nursinglinks.ca/frameset_main.html)

**May 25**

CTRI Workshop, *Cognitive Behavioural Therapy: Tools for thinking differently* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-edmonton-may-25-2020/#tickets> **May 28** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/cognitive-behavioural-therapy-tools-for-thinking-differently-calgary-may-28-2020/#tickets>

**May 25- 26**

Allies 4 Youth Connections Conference, *Radical practice for compassionate connections*. In Edmonton. <https://www.a4yc.ca/> (formerly the High Risk Youth Conference)

**May 25- 27**

Workshop, *Gottman level 3*. 9 am- 5 pm in Calgary. <https://bestmarriages.ca/events/gottman-level-3-calgary-ab/>

**May 26**

The Dr Roger Bland Lecture Series, *Mental well-being: Lessons learned*. 6- 8 pm at the Telus World of Science in Edmonton. (Free) Presented by CASA. <https://www.casaservices.org/lectureseries>

**May 27- 29**

Western Canadian Conference on Trauma and Addictions, Canada's premier clinical skills conference. 8:30 am- 4 pm in Edmonton. Workshops include: *Current science of addiction and recovery*, *Trauma and attachment across the lifespan*, *Sexual compulsivity and addiction*, *Prodependence*, *Harm reduction, the disease theory and trauma*, *Cannabis Primer*, *Childhood trauma*, *Addiction and PTSD*, *Risky business*, *Trauma and the struggle to open up*, and *Understanding and addressing vicarious traumatization*. <http://www.jackhirose.com/>

**May 28**

Workshop, *Understanding and addressing vicarious traumatization* with Mary Jo Harwood. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**May 28- 30**

Canadian Psychological Association, 81<sup>st</sup> Annual Convention and Tradeshow. In Montreal.

<https://convention.cpa.ca/>

**May 29**

CTRI Workshop, *Narrative Therapy: Tools for exploring stories* with Natalie Imbach. 9 am – 4 pm. In Calgary

<https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-calgary-may-29-2020/#tickets>.

**May 26** in Edmonton <https://ca.ctrinstitute.com/workshops/narrative-therapy-tools-for-exploring-stories-edmonton-may-26-2020/#tickets>

**May 29**

Workshop, *The cannabis primer: What mental health professionals need to know* with Dr Zachary Walsh. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**May 29- 30**

University of British Columbia, Conference, *Sexual health 2020* in Vancouver.

<https://ubccpd.ca/course/Sexualhealth2020>

**May 29- 31**

Psychedelic Research Conference, *Catalyst Calgary 2020* in Calgary. <http://catalystcalgary.com/>

**May 30**

Workshop, *Hoarding: Assessment and intervention for Occupational Therapists*. 8 am- 4 pm in Calgary.

[https://caot.ca/viewEvent.html?no\\_header=true&productId=10336](https://caot.ca/viewEvent.html?no_header=true&productId=10336)

**May 31- June 3**

20<sup>th</sup> Annual e-Health Conference and Trade Show in Vancouver. <http://www.e-healthconference.com/>

**June 1- August 23**

Online Course, *Fundamentals of Cognitive Behavioural Therapy* (12 weeks) with Jennifer Hackbart (\$1100).

<https://www.wlu.ca/professional-development/fsw-professional-development/certificates/cognitive-behaviour-therapy.html>

**June 3- 5**

31<sup>st</sup> Annual Conference, Canadian Bioethics Society, *The role of bioethics in AI and emerging health technologies: Activator, inhibitor or collaborator?* In Toronto. <https://www.bioethics.ca/>

**June 4- 6**

BC Centre on Substance Use Conference, *Changing practice, changing policy*. In Vancouver.

<https://ubccpd.ca/course/BCCSU2020>

**June 5**

12<sup>th</sup> Annual Addiction Day Scientific Conference and Networking Fair in Calgary. <http://www.addictionday.ca/>

**June 5- 6**

Canadian Collaborative Mental Health Care Conference, *Collaboration cultivates community* in Halifax.

<http://www.shared-care.ca/conference>

**June 9**

CTRI Workshop, *Trauma-informed care: Building a culture of strength* with Shelly Qualtieri. 9 am- 4 pm in Calgary.

<https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-calgary-jun-9-2020/#tickets>

**June 10** in Edmonton <https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-edmonton-jun-10-2020/#tickets>

**June 11- 14**

Conference, North American Society for the Psychology of Sport and Physical Activity in Vancouver.

<https://www.naspspa.com/2019-conference/>

**June 12**

Trauma Talks Conference, *Intergenerational trauma: Hope and healing through trauma-informed care*. In Toronto.

<http://www.traumatalks.ca/>

**June 17- 18**

Canadian Institute, 5<sup>th</sup> Annual Forum, *Workplace mental health and wellness* in Calgary.

<https://www.canadianinstitute.com/workplace-mental-health/>

**June 18- 19**

Workshop, *Trauma practice: Tools for stabilization and recovery* with Dr Anna Baranowsky. 9 am- 4 pm in Calgary. Presented by the Faculty of Social Work, University of Calgary.

<https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=51668105&parentSite=FSW>

**June 18- 19**

Workshop, *Occupation and trauma: Expanding Occupational Therapy practice* with Megan Edgelow and

Dr Heidi Cramm. 8 am- 4 pm in Vancouver. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10345](https://caot.ca/viewEvent.html?no_header=true&productId=10345)

**June 18- 21**

Somatic Experiencing Edmonton, *Training for helping professionals: Beginning III*. In Edmonton.

<https://www.setrainingedmonton.com/registration>

**June 19- 22**

National Institute on Drug Abuse International Forum in Florida, USA.

<https://www.drugabuse.gov/international/2020-nida-international-forum#About>

**June 22- 23**

Workshop, *Mental Health First Aid: Adults who interact with youth* by Sabrina Simpson. 8:30 am- 5 pm in Calgary.

<https://www.eventbrite.ca/e/mental-health-first-aid-adults-who-interact-with-youth-calgary-ab-registration-83297092847?aff=ebdssbdestsearch>

**June 22- 24**

7<sup>th</sup> International Conference on Behavioural Addictions in Nottingham, UK. <http://issba.elte.hu/>

**June 23- 20**

Canadian Nurses Association Biennial Convention, *Take care of nurses to take charge of health* In Ottawa.

<https://cna-aic.ca/en/news-room/events/2020-cna-biennial-convention>

**June 25**

CTRI Workshop, *Borderline Personality Disorder: Understanding and supporting*. 9 am- 4 pm in Edmonton with

Danielle Forth. <https://ca.ctrinstitute.com/workshops/trauma-informed-care-building-a-culture-of-strength-edmonton-jun-10-2020/#tickets>

**June 25- 26**

Workshop, *Cognitive Behavioural Therapy: Level 2 for Occupational Therapy* with Gord Hirano. 8 am- 4 pm in

Edmonton. [https://caot.ca/viewEvent.html?no\\_header=true&productId=10373](https://caot.ca/viewEvent.html?no_header=true&productId=10373)

**June 25- 28**

45<sup>th</sup> Annual Congress of the Canadian Psychoanalytic Society, *The long shadow of trauma: Black holes filled with*

*ghosts from the past* in Toronto. <http://www.en.psychoanalysis.ca/45th-annual-congress-of-the-canadian-psychoanalytic-society/>

**July 4- 9**

30<sup>th</sup> International Cannabinoid Research Society Symposium on the Cannabinoids in Galway, Ireland.

<http://www.icrs.co/>

**July 6- 7**

Workshop, *Trauma and attachment across the lifespan: Tools and strategies to address complex clients* with

Dr Eboni Webb. 8:30 am- 4 pm in Banff. <http://www.jackhirose.com/>

**July 8**

Workshop, *DBT skills training for mental health professionals* with Dr Eboni Webb. 8:30 am- 4 pm in Banff.

<http://www.jackhirose.com/>

**July 8- 10**

*Mindfulness retreat for counsellors, therapists and caregivers* with Vicki Enns. 9 am- 4 pm daily in Canmore

<https://ca.ctrinstitute.com/workshops/mindfulness-retreat-for-counsellors-therapists-and-caregivers-2020/#tickets>

**July 12- 16**

61<sup>st</sup> Annual Institute on Addiction Studies in London, Ontario. <https://www.addictionstudies.ca/>

**July 13- 15**

Three Day Intensive Training in EMDR, *Assessing, resourcing and treatment techniques for trauma and anxiety*

with Dr Jennifer Sweeton. 8:30 am- 4 pm in Calgary. <http://www.jackhirose.com/>

**July 14**

CTRI Workshop, *Clinical supervision: Skills for developing counsellors* with Vicki Enns. 9 am- 4 pm in Calgary.

<https://ca.ctrinstitute.com/workshops/clinical-supervision-skills-for-developing-counsellors-calgary-jul-14-2020/#tickets>

**July 14- 15**

CTRI Workshop, *Gender and sexual diversity in youth* with Reece Malone. 9 am- 4 pm in Edmonton.

<https://ca.ctrinstitute.com/workshops/gender-and-sexual-diversity-in-youth-edmonton-jul-14-2020/#tickets>

**July 15- 17**

CBT Canada Workshop, *Introduction to medical CBT* with Dr Greg Dubord. 8 am- noon daily in Banff

<http://cbt.ca/locations/cbt-banff/>

**July 15- 18**

IFSW International Social Work Conference in Calgary. <https://swsd2020.com/>

**July 16- 17**

International Conference on Nursing in Addiction Care in Toronto.

<https://waset.org/conference/2020/07/toronto/ICNAC>

**July 16- 17**

International LGBTQ Psychology Conference, *Preaching to the choir* in Prague, Czech Republic.

<https://cpasogii.com/preach2020>

**July 27- 31**

International Society for Research on Aggression, World Meeting in Ottawa. <https://isra2020.ca/>



**July 30- August 2**

11<sup>th</sup> Biennial International Meaning Conference, *From vulnerability to resilience and well-being: Advances in existential and positive psychology*. In Toronto. <https://www.meaning.ca/conferences-and-events/meaning-conference-2020/>

**August 11- 12**

CTRI Workshop, *Brief focused counselling skills: Strategies from the leading frameworks* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-strategies-from-leading-frameworks-edmonton-aug-11-2020/#tickets>

**September 17- 18**

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**September 24- November 10**

University of Calgary, *Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals* with Dr Deborah Dobson. 30 hours of practice and skill based training in Calgary and online. <https://conted.ucalgary.ca/search/publicCourseSearchDetails.do?method=load&courseId=50467937>

**September 28- 29**

Reset Society of Calgary, Sexual Exploitation Training and Awareness Conference in Calgary. <https://resetcalgary.ca/conference/>

**October 14- 17**

International Nurses Society on Addiction, Global Vision Conference in Calgary. <http://intnsacanada.com/>

**October 14- 17**

5<sup>th</sup> Psychedelic Psychotherapy Forum, *2020: Vision and visionaries* in Victoria, BC. <https://www.psychedelicspsychotherapy.ca/>

**October 15- 16**

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**October 15- 18**

13<sup>th</sup> National Harm Reduction Conference in San Juan, Puerto Rico. <https://harmreduction.org/conference/>

**October 28- 30**

31<sup>st</sup> Annual Conference, Canadian Association of Suicide Prevention in Montreal. <https://suicideprevention.ca/>

**October 29- 30**

Alberta Therapeutic Recreation Therapy Symposium in Calgary. <https://www.alberta-tr.org/professional-development/2020-atra-symposium-in-october-2020/>

**November 2- 30**

Online Course, *Clinical Social Work Supervision* with Dr Jane Matheson <https://www.ucalgary.ca/pd/workshops>

**November 5- 6**

7<sup>th</sup> Biennial Eating Disorders Association of Canada Conference in Montreal. <https://www.edac-atac.ca/upcoming-conferences/>

**November 6- 10**

World Professional Association for Transgender Health, 26<sup>th</sup> Scientific Symposium in Hong Kong. <https://www.wpath.org/>

**November 12- 13**

Emotionally Focused Therapy Edmonton, *Core skills training* with Gail Palmer. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

**November 12- 14**

Canadian Society of Addiction Medicine, Conference, in Victoria, BC. <https://csam-smca.org/future-csam-conferences/>

**November 27- 30**

Somatic Experiencing Training Edmonton, *A body oriented approach to healing trauma: Beginning I* in Edmonton. <https://www.setrainingedmonton.com/>

**December 10- 11**

Emotionally Focused Therapy Edmonton, *Core skills training* with Veronica Kallos-Lilly. <https://eftedmonton.com/training-events/2020/1/17/core-skills-training-pwdn3>

To Register for Telehealth events you must first create an iScheduler account. <https://ischeduler.albertahealthservices.ca/> Select the link “**Request for an Account**”. Complete form and click “**Submit Request**”. Once you have registered and can access the site dashboard, go to “**Meetings**” on the left hand navigation bar and select “**Register**”.

- Select “**Learning**” and then hit “**Subscribe**”
- Scroll through the events until you see the date you want to attend.
- Select “**Sign Up**”, and complete the “**Join Site**”, “**Join Room**” and “**Room Codec**” areas. Then click the “**Register**” button.

## Online Learning Resources

- ⚙ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ⚙ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ⚙ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ⚙ **CFPC Webinars** *Managing opioid use Disorder in primary care* (simplified practice guidelines) <https://vimeo.com/showcase/5685262/video/340411895> and *Office-based induction of buprenorphine/Naloxone using PEER guidelines*. <https://vimeo.com/showcase/5685262/video/340645534>
- ⚙ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ⚙ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ⚙ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ⚙ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <https://www.albertahealthservices.ca/info/Page11244.aspx>
- ⚙ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ⚙ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** [https://libguides.adelaide.edu.au/psychiatry/rating\\_scales](https://libguides.adelaide.edu.au/psychiatry/rating_scales)
- ⚙ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ⚙ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ⚙ **University of Alberta Grand Rounds** Schedule of weekly Forensic, Adult and Child/Youth grand rounds. Archive includes recordings of Adult and Child & Adolescent Grand Rounds. <https://www.ualberta.ca/psychiatry/grand-rounds> <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ⚙ **Developmental Pathways of Addiction and Mental Health** 11 free CME accredited modules on the external AHS Website <https://www.albertahealthservices.ca/info/Page15972.aspx>
- ⚙ **National Education Alliance for Borderline Personality Disorder** Resources include a free online course, podcasts, media library, family education materials, and more. <https://www.borderlinepersonalitydisorder.com/professionals/#>
- ⚙ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp>
- ⚙ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ⚙ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ⚙ **University of California Television** provides documentaries, faculty lectures and research symposium <http://www.uctv.tv/search-moreresults.aspx?catSubID=20&subject=health>
- ⚙ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ⚙ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ⚙ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ⚙ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>

- ⚙ **CRISM Prairies** a federally-funded national network dedicated to improving health care for people who use substances by facilitating communication and collaboration among addiction service providers, researchers, policy-makers, and people with lived and living experience. <https://crismprairies.ca/>
- ⚙ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ⚙ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ⚙ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/ualberta.ca/ggr/home>
- ⚙ **University of Calgary** Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/> A collection of e-Learning courses is available at <http://ecme.ucalgary.ca/program-listing/>
- ⚙ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ⚙ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ⚙ **International Nurses Society on Addictions** An Alberta based forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>
- ⚙ **Psychwire** Online courses in CBT, ACT, Mindfulness and DBT <https://psychwire.com/>
- ⚙ **Cannabis 101** Online workshop for AHS staff, on [MyLearning Link](#). Search for 'cannabis'. For more information, contact the Decision Support Team (Calgary) at [dst.education@ahs.ca](mailto:dst.education@ahs.ca)
- ⚙ **Canadian Counselling and Psychotherapy Association** continuing education collection of online courses on a range of mental health and addiction topics. <https://www.mentalhealthacademy.net/ccpa/>
- ⚙ **Harvard Centre on the Developing Child** Guide to the effects of Toxic Stress on addiction and mental health <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>
- ⚙ **TEDEd Mind Matters** Numerous brief videos on topics related to your brain. <https://ed.ted.com/series/mind-matters>
- ⚙ **Jack Hirose Webinars**. On demand online learning of clinical topics in therapy. <http://webinars.jackhirose.com/>
- ⚙ **Crisis & Trauma Resource Institute** Training in counselling through workshops and webinars. <https://ca.ctrinstitute.com/>
- ⚙ **Understanding Stigma** Online module about the stigmatization of people by healthcare providers. <https://moodle9.camhx.ca/moodle/?lang=en>
- ⚙ The online **Addiction Care and Treatment Online Certificate** is a partnership with UBC Continuing Professional Development and the UBC School of Nursing <https://ubccpd.ca/course/addiction-care-and-treatment>
- ⚙ **Practice Wise**. AHS clinicians, leaders, regulators, researchers, and educators discuss experiences and learn. Online video recordings of sessions. <https://insite.albertahealthservices.ca/hpsp/Page12451.aspx>
- ⚙ **Addiction and Mental Health YouTube Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ⚙ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>  
See also the **YouTube** playlist <https://www.youtube.com/playlist?list=PL1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ⚙ **Living Hope** is the Edmonton Suicide prevention strategy. The "11 of us" website has resources to learn the signs and to learn to help. [https://11ofus.ca/?gclid=CjwKCAiAws7uBRaKEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAooggL0GwrGtv0Zz1Wc6v1shu\\_Eqoq8RoCnrUQAvD\\_BwE](https://11ofus.ca/?gclid=CjwKCAiAws7uBRaKEiwAMlbZjvB-BCINZQ2NUCLidN9NMgAooggL0GwrGtv0Zz1Wc6v1shu_Eqoq8RoCnrUQAvD_BwE) Contact: [lahn.jones@ahs.ca](mailto:lahn.jones@ahs.ca)
- ⚙ **Institute of Child Psychology** Alberta based provider of psychological services and training. Online courses for parents and therapists at [https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc\\_cid=9c54c3b01d&mc\\_eid=beb37cfa](https://instituteofchildpsychology.com/product-category/online-webinars-and-courses/?mc_cid=9c54c3b01d&mc_eid=beb37cfa)
- ⚙ **Psychiatry Academy** Online courses in Cognitive Behaviour Therapy and other professional development topics. Scheduled sessions and on-demand webinars [http://mghcme.org/page/cognitive\\_behavioral\\_therapy](http://mghcme.org/page/cognitive_behavioral_therapy)
- ⚙ **Making Sense of Trauma** Free webinar with practical tools for responding to children and youth <https://makingsenseoftrauma.com/course/making-sense-of-trauma/>

Contact [Daniel.scott@ahs.ca](mailto:Daniel.scott@ahs.ca) with additions, subscriptions, and updates.  
Information, Evaluation and Professional Practice, Addiction and Mental Health, Edmonton Zone