Latest news from CRISM

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#### **News and Notes**

News and Notes is designed to keep you in the loop on Regional and National activities from the Canadian Research Initiative in Substance Misuse (CRISM) Prairie Node.

#### New

- Cannabis Legalization in Canada: Implications for Public Health in Alberta
- Addictions Foundation of Manitoba - Fentanyl and Other Drugs Community Forums
- First Nations Health Summit: Nation
   Building through Health and Wellness
- Run To Quit Spring Training Starts Soon!
- CMHA Mental Health Week May 1-7, 2017
- CCSA Report: National Research Agenda on the Health Impacts of Non-Medical Cannabis Use
- CRISM Prairies Annual Meeting - Save the Date

Plus 11 items from our previous issues...



CRISM is a national network dedicated to translating substance misuse intervention research results into practice and policy.



Funded by the Canadian Institutes of Health Research

### Cannabis Legalization in Canada:

Please join us for a free public forum and discussion focused on cannabis legalization and public health policies in Calgary Alberta on **May 5 2017** from 9am-5pm at the University of Calgary's Downtown Campus.

This event is a unique opportunity to participate in discussions with some of Alberta's leaders in substance use and public health, and to learn from U.S. and Canadian policy experts about the experiences of legalization from other jurisdictions.

The keynote presentation is from Beau Kilmer, PhD, who is a senior policy researcher at the RAND Corporation, where he codirects the RAND Drug Policy Research Center. Recognized internationally as an expert in cannabis legalization polices, his research lies at the intersection of public health and public safety, with a special emphasis on crime control, substance use, illicit markets, and public policy.

Please **download** the event flyer for more information. Seating is limited and will fill up fast - please register to save your space **here**.

Questions and inquiries may be directed to: rebecca.saah@ucalgary.ca

This forum is presented by the O'Brien Institute for Public Health, University of Calgary, and the Canadian College of Health Leaders (Southern Alberta Chapter), in partnership with: The Canadian Research Initiative in Substance Misuse (Prairie Node), and the Mathison Centre for Mental Health Research and Education.

## Fentanyl and Other Drugs Community Forums Manitoba



The Addictions Foundation of Manitoba is hosting community forums throughout the province to provide youth and families with the information they need to know about fentanyl and other drugs.

Join experts from the AFM and other community organizations for an opportunity to learn more about fentanyl and other drugs from a variety of perspectives, including addictions experts, law enforcement, and health care workers.

Everyone is welcome!

For more information and community dates please download the poster **here** or visit the **AFM website** 

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#### First Nations Health Summit



### Federation of Sovereign Indigenous Nations

Protecting Inherent and Treaty Rights, Since 1946

#### April 11-13 2017

TCU Place, Saskatoon SK

The FSIN health and social development secretariat are pleased to present the event *First Nations Health Summit: Nation Building through Health and Wellness*. Round dance on April 11 from 6pm-midnight. For more information and to register please visit the **FSIN website**, download the poster **here**, or contact Terrina Bellegarde 306-956-1013. We hope to see you there!

#### **Run To Quit - Spring Training Starts Soon**



Run to Quit helps smokers quit smoking by learning to walk or run 5 km! Run to Quit is a partnership between Canadian Cancer Society and Running Room Inc with funding by Public Health Agency of Canada.

The program is for all fitness levels and the step by step approach makes it easier to quit smoking by being more active. Run to Quit is being studied by researchers from the University of British Columbia for its potential as a chronic disease prevention program. All program participants are encouraged to provide information and feedback to help make the research project successful.

Spring Training Sessions are starting shortly - please visit the Run to Quit **website** for more information about the program or to join a training group near you!

#### **CMHA Mental Health Week**



May 1-7 2017

The Canadian Mental Health Association's Mental Health Week is an annual national event that takes place during the first week in May to encourage people from all walks of life to learn, talk, reflect and engage with others on all issues relating to mental health.

The 66th CMHA Mental Health Week will be louder than ever before. Get ready to lift up your mental health megaphone! This year, focus is on ending wait times for mental health care because too many Canadians are on standby for the care and services they need.

Many events are happening across the country over the week, please visit the **CMHA website** for further information or to submit an event in your community.

Get ready to #GetLoud during the first week of May!

## National Research Agenda on the Health Impacts of Non-Medical Cannabis Use



On October 18-19, 2016 the Canadian Centre on Substance Abuse (CCSA) hosted a meeting to start developing a national research agenda on the health impacts of the non-medical use of cannabis. The meeting brought together close to 50 experts and

effects, and discuss tangible next steps for moving forward with the research agenda.

The work of this group is summarized in the report "National Research Agenda on the Health Impacts of Non-Medical Cannabis Use" and is available for download by visiting the **CCSA website** or you can download a pdf of the report **here**.

## CRISM Prairies Annual Meeting Save the Date



#### **November 16-17 Calgary AB**

Following a poll of CRISM Prairie Node members our annual meeting will take place in Calgary AB on November 16 & 17 2017!

Please save the dates and stay tuned for more details!

#### From previous issues... in case you missed it!

#### **Webinar Series: RIRO**



RIRO WEBINAR SERIES

Reaching In, Reaching Out (RIRO) Resiliency Training

This training is directed to Frontline Workers

Presented by Lee Hinton, Education and Health Promotion Coordinator Saskatchewan Prevention Institute

Reaching In Reaching Out, teaches resiliency skills to people who are working with young children or families who have young children. The first part of the training focuses on personal resiliency skills, as it is through modelling these skills that young children learn. The second part of the training focuses on strategies to increase resiliency skills in families and children. The workshop is interactive in nature and staff should be prepared to participate, move, and have some fun. Participants should be made aware that this training includes personal exploration.

Training Dates: April 11, May 9, June 13, & July 11 2017. 1pm-3pmCST. Registration is Required.

registration form.

#### **SK MH&A Action Plan Newsletter Launches**

### Mental Health and Addictions Action Plan Newsletter

The Government of Saskatchewan is committed to improving the way it responds to mental health and addictions issues, and endorses the 10-year Mental Health and Addictions Action Plan. Together, with partner ministries Social Services, Education and Justice (Corrections and Policing), the Ministry of Health is leading the development and implementation of an inter-ministerial improvement plan.

To find more information about progress on the improvement plan and learn about improvement activities already underway, read the first issue of the **Mental Health and Addictions Action Plan newsletter** or visit the Government of Saskatchewan **website**.

#### Internet delivered counselling for problem gambling

CRISM Prairie Node member researcher, Dr. Darren Christensen, has launched recruitment for his study titled *Adding Contingency Management to On-Line Treatment as Usual for the Treatment of Disordered Gambling*. This CRISM-supported study will work with people living in rural communities, who are experiencing problems due to their gambling and will investigates the effects of providing small incentives for evidence of treatment success. To learn more about this study please visit the **website**.

On February 2 2017 CTV news provided some great coverage of this topic. You can review the video and article by visiting the CTV **website**. A second video interview is also available on the **CTV News Facebook Page**.

#### **Canadian Knowledge Mobilization Forum**



Join the 2017 Canadian Knowledge Mobilization Forum in Ottawa-Gatineau on May 17-18, 2017. The theme for this year's Forum is: **Connections and Partnerships:** 

Hosts anticipate about 200 people in attendance and ask you to consider contributing a presentation, workshop, or poster - or become one of the great sponsors who make this premier learning event a must-attend for knowledge mobilization professionals and practitioners.

Visit the Institute for Knowledge Mobilization website to learn more!

#### **Western Canadian Addiction Forum**



Registration is now open for the Western Canada Addiction Forum to be hosted from May 5-7, 2017 in Kelowna, BC. To access the program and find further information please visit the forum **website**.

#### **CSAM-SMCA 2017 Call for Abstracts**



The Canadian Society of Addiction Medicine welcomes you to their Annual Meeting and Scientific Conference October 19 through October 21 in Niagara Falls, Ontario. The 2017 conference will build on last year's conference, by highlighting new research findings, sociopolitical ideas and treatment approaches to addictions. This year's theme is "Addiction: The Changing Landscape" and reflects evolving shifts in addiction issues in Canada.

Abstract submission due May 1 2017 and further conference information can be found by visiting the **CSAM-SMCA website**.

#### **Addiction Day 2017**

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# THE 9TH ANNUAL ADDICTION DAY CONFERENCE WILL BE HELD ON MAY 26TH, 2017 AT MACEWAN HALL IN THE UNIVERSITY OF CALGARY

The vision of the Addiction Day Conference and Networking Fair is to increase public awareness of addiction and mental health problems, and to enhance knowledge, competencies and treatment care. Through a combination of diverse presentations, workshops and networking opportunities, we hope to bring together healthcare professionals from across the care continuum for a day of learning and discussion.

The Addiction Day Conference and Networking Fair will be held on May 26 2017 and registration is open!

Please visit the **Addiction Day website** for further information.

#### **Cognition - Addiction & Mental Health Event Listings**

Cognition provides Addiction and Mental Health event listings and is brought to you by the educators in Alberta Health Services, Addiction & Mental Health, Edmonton Zone. Check out the pdf file of **event listings** for exciting happenings in your region.

#### **AHS Addiction and Mental Health eLearning**

Alberta Health Services offers a Concurrent Disorders Learning Series that is free to view on YouTube. The series presents two feature episodes each month and broadcast a lecture-style presentation from subject matter experts. CRISM members from across the country have spoken in this series, including:

- Julie Bruneau
- Ron Lim
- Keith Ahamad
- Didier Jutras-Aswad
- Nady el-Guebaly
- Sherry Stewart

Note that this is an unlisted playlist. YouTube clips will not appear in search results, but you can view the playlist by following this **link**. For more information about the Concurrent

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#### **HR17 Conference Registration OPEN**

25th Harm Reduction International Conference

May 14-17 2017

Montreal Quebec

The theme of this year's conference is 'At the Heart of the Response', and HRI is encouraging abstract submissions about innovative harm reduction services, new or ground-breaking research, effective or successful advocacy campaigns or key policy discussions or debates. The agenda will encompass, high profile main plenaries, research, panel discussions, dialogue space sessions, workshops and films as a basis for further dialogue.

Registration and Call for Submissions is Now Open!

www.hri.global/conference-2017

#### News for the node?

Is there an event happening that we should know about? Do you have information to share in the region? Please send your ideas and information to **Denise** or **Barb** anytime!

#### **Questions? Comments? Contact us!**

Denise Adams is the CRISM-Prairie Node Manager.

Contact information

CRISM Prairie Node

University of Alberta | 4-061 Edmonton Clinic Health Academy (ECHA) | 11405 - 87 Avenue | Edmonton, Alberta, Canada T6G 1C9

Phone: 780-492-0135 Fax: 780-492-0364

Email: denise.adams@ualberta.ca

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Email us anytime if you would like to discuss Node activities or want additional information. Please send to **denise.adams@ualberta.ca** with a copy to **cam.wild@ualberta.ca** 

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