

Cognition

March 2018



Addiction and Mental Health Learning Events

Daily Event Listings
Online Learning Resources

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March

Healthy Minds/Healthy Children, Online Continuing Professional Development, *Eating disorders: Bringing awareness and strategies to the table* and *After stabilizing and resourcing positive states: Managing trauma arousal*. Call (403) 220-4310 hmhc@ahs.ca Register at https://survey.albertahealthservices.ca/CPD_Reg?bO=1#

March 1

AHS, 11th Annual Health Providers Conference, *Ctrl alt delete*. 8:15 am- 4 pm. in Edmonton. **March 2** in Calgary. <http://insite.albertahealthservices.ca/4837.asp>

March 1

Child and Adolescent Psychiatry Grand Rounds with Shaina Archer. 9 – 10 am in Conference Room A, Glenrose Rehabilitation Hospital, Edmonton and by telehealth
<https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp>

March 1- 2

Conference on Developmental Disabilities, Intellectual Disabilities and Autism Spectrum Disorder, *Innovations in practice*. In Edmonton. Call 780-504-6252 <https://www.innovations2018.com/>

March 2

Early Child Development Support Services Conference, *A broader perspective: Exploring current understandings of loss and grief*. At Fantasyland Hotel, West Edmonton Mall <http://ecdss.ca/upcoming-sessions/ecdss-conference-2018-a-broader-perspective-exploring-current-understandings-of-loss-and-grief/>

March 2

31st Annual Littmann Research Day in Calgary. Keynote by Dr David Barron, *Concussion and psychiatry: Past, present and future clinical and research translational considerations*.
http://people.ucalgary.ca/~patten/Seb_Littmann_Main.html

March 2- 3

Workshop, *Putting the wheels on DSM-5: Using the DSM-5 as a diagnostic tool* with Dr Michael Zwiers. In Calgary. Call 403-686-9300 X126 <https://www.canlearnsociety.ca/services/workshops/>

March 3

Alberta Play Therapy Association Workshop, *Using puppets and Art Therapy for mental health* with Wendy Passmore-Godfrey and Allan Rosales. In Red Deer. <http://www.albertaplaytherapy.ca/eventRegister.php?id=81>

March 4- 7

Canadian Academy of Psychiatry and the Law Conference. In Victoria, BC. <http://www.capl-acpd.org/capl-conference/>

March 5- 6

CTRI Workshop, *Autism- Strategies for self regulation, learning and challenging behaviours* with Kalyn Falk. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/autism-calgary3-5/#tickets> In Edmonton on

March 7- 8. <https://ca.ctrinstitute.com/workshops/autism-edmonton3-7/#tickets>

March 5- 6

National Conference, *Walk with me: Changing the culture of aging in Canada*. In Niagara Falls, Ontario.
<https://www.eiseverywhere.com/eSites/walkwithme2018/Homepage>

March 7

Adult Psychiatry Grand Rounds with Tami-Lee Duncan and Matthew Reeson. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton, or by telehealth
<https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp>

March 7

QHI Webinar, *Conversations that matter: How we are improving patient and workforce experience at AHS*. 12- 1 pm. Registration and information at MLL or qpse@ahs.ca

March 7- 10

Western Branch of the Canadian Psychoanalytic Society Annual Conference, *Dreaming the session* with Dr Giuseppe Civitarese. In Vancouver. <http://www.wbcps.org/wbcps-annual-conference-dreaming-the-session-civitarese-in-vancouver-march-7-10-2018/>

March 8

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

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Addiction and Mental Health Learning Events

March 8

Workshop, *The trauma informed professional* with Kim Barthel. 8:30 am- 4:30 pm in Edmonton. (\$125)
Call Lori at 780-426-7861 <https://www.eventbrite.ca/e/the-trauma-informed-professional-workshop-luncheon-silent-auction-tickets-41580512432?aff=es2>

March 8- 9

First Responder to Sexual Assault and Abuse Training. In Edmonton. (\$200) <https://aasas.ca/initiatives/first-responders-training/register-for-training/>

March 9

PAA Workshop, *Applied sport psychology: Performance on demand* with Susan Cockle. 9 am- 4 pm in Edmonton. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=67

March 9- 10

Calgary Jung Society Workshop, *Transforming trauma through relationships* with Dr Cynthia Anne Hale. 7:30- 9:30 pm on March 9 and 10 am- 4 pm on March 10 in Calgary. <http://calgaryjungsociety.org/events/>

March 10

Inclusive Health Conference, *An LGBTQ healthcare primer* in Edmonton. <https://inclusivehealthconference.com/>

March 12

Mental Health Research Day, *Neurostimulation in mental health* with Dr Antonelli Bonci, Dr Amit Etkin, Dr Vikaas Sohal, Dr Stephanie Ameis and Dr Alex McGirr. 8:30 am- 4:30 pm in Calgary. <https://www.ucalgary.ca/psychiatry/event/2018-03-12/mental-health-research-day-neurostimulation-mental-health>

March 13

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 3:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 13

University of Calgary Grand Rounds, *Dynamic changes in learning underlying the development of behavioural control* with Cate Hartely. 12- 1 pm in Calgary and by telehealth. <http://www.ucalgary.ca/psychiatry/event/2018-03-13/grand-rounds-dynamic-changes-learning-underlying-development-behavioural-control> <https://scheduler.albertahealthservices.ca/scheduler/eceptionist.asp>

March 13

Community Education Service Webinar, *Introduction to sexual orientation and gender identity* with Christine Sturgeon. 6:30- 8:30 pm. Register at <http://community.hmhc.ca/sessions/?p=online>

March 13

Conference, *Cannabis at work*. 8 am- 4:30 pm in Edmonton and by online streaming. <https://adralberta.com/event-2790315>

March 13- 14

CMHA Bottom Line Conference, *Navigating the new workplace: Because we all have a part*. In Vancouver. <http://www.bottomlineconference.ca/overview/>

March 14

Adult Psychiatry Grand Rounds with Shaina Archer and Vincent Lee. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton, or by telehealth <https://scheduler.albertahealthservices.ca/scheduler/eceptionist.asp>

March 14

Webinar, *You want me to do what? Experiences across two years of Emotion Focused Family Therapy supervision* with Natasha Files. 10- 11 am. <http://www.mentalhealthfoundations.ca/clinical-supervision>

March 14

Community Education Services Telehealth Presentation, *Conflict between separated parents and its effect on your children*. 11 am- 12:30 pm. <http://community.hmhc.ca/sessions/?p=telehealth>

March 14

Workshop, *Autism: Facts, myths and best practices* with Dr Shane Lynch. 9 am- 3 pm in Edmonton. (\$100) <https://centreforautism.ab.ca/events/students-with-autism/>

March 14- April 11

Online Training, *Introduction to Solution Focused Strategies* (\$195) <https://solutiontalk.ca/ssl/registration.php?product=elearning>

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Addiction and Mental Health Learning Events

March 15

Child and Adolescent Psychiatry Grand Rounds. 9 – 10 am in Conference Room A, Glenrose Rehabilitation Hospital, Edmonton and by telehealth <https://scheduler.albertahealthservices.ca/scheduler/eceptionist.asp>

March 15

Workshop, *Behaviours that challenge* with Dr Shane Lynch. 9 am- 3 pm in Edmonton. (\$100) Presented by the Centre for Autism Services. <https://centreforautism.ab.ca/events/behaviours-that-challenge/>

March 15

Community Education Service Webinar, *Sexual health workshop* with Heather Cobb. 6:30- 8:30 pm. Register at <http://community.hmhc.ca/sessions/?p=online>

March 15- 16

Conference, *What's love got to do with it? Re-imagining Narrative Therapy* with David Epstein, Tom Stone Carlson, Sanni Paljakka, Tiffany Saxton, and Loree Stout. In Calgary. <http://www.journalnft.com/events.html>

March 16

Health Ethics Seminars, *On being open-minded: Health care practice and the art of being wrong* with Derek Sellman. 12- 1 pm in Edmonton or by telehealth.

<https://scheduler.albertahealthservices.ca/scheduler/eceptionist.asp>

<http://www.bioethics.ualberta.ca/en/Health%20Ethics%20Seminars.aspx>

March 16- 17

CAOT Workshop, *Weaving mindfulness into clinical practice* with Dr Patricia Dobkin. 8 am- 4 pm in Calgary. https://caot.ca/viewEvent.html?no_header=true&productId=9717

March 18- 21

50th Banff International Conference on Behavioural Science, *Ideal mental health services for children and youth: The next 50 years*. In Banff <https://banffbehavsci.ubc.ca/>

March 19

CAOT Workshop, *Substance use and misuse: Screening tools and interventions for Occupational Therapists* with Dr Niki Kiepek. 8 am- 4 pm in Leduc.

https://caot.ca/viewEvent.html?jsessionid=71DB74AD6E2D172D7B1ECC46D14D18E9?language=fr_FR&no_header=true&productId=9787

March 19- 20

CTRI Workshop, *Trauma- Strategies for resolving the impact of post-traumatic stress* with Danielle Forth.

9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/trauma-edmonton3-19/#tickets> **March 20- 21** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/trauma-calgary3-20/#tickets>

March 19- 21

Annual Rotman Research Institute Conference, *Traumatic brain injury and concussion: What's new in research and clinical practice*. In Toronto. <http://research.baycrest.org/conference>

March 19- 23

6th Annual Trauma and Attachment Conference at Niagara-on-the-Lake, Ontario.

<http://www.attachmentandtraumaconference.com/2018-conference.html>

March 20

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 20- 23

Canadian Domestic Violence Conference in Halifax, Nova Scotia <https://canadiandomesticviolenceconference.org/>

March 21

Education Series, *Suicide prevention is everybody's business* with Laurie Young. 9 am- 3:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 21

Adult Psychiatry Grand Rounds with Trishnee Chinniah and Brad Necyk. 12- 1 pm in the Shaw Auditorium, University of Alberta Hospital, Edmonton, or by telehealth

<https://scheduler.albertahealthservices.ca/scheduler/eceptionist.asp>

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Addiction and Mental Health Learning Events

March 21

QHI Webinar, *A manager's guide to immediate and ongoing management of clinical adverse events*.
12- 1 pm. Registration and information at MLL or qpse@ahs.ca

March 21- 24

LGBTQ Health Conference, *Because LGBTQ health matters* in Sudbury, Ontario.
<https://www.rainbowhealthontario.ca/conference/>

March 22

Education Series, *Motivational Interviewing: The basics* with Crystal Cleland. 9 am- 4 pm in Edmonton.
Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 22- 24

Alberta College of Social Workers Annual Conference, *Social justice and resilience: Moving forward together* in Edmonton. <http://www.acsw.ab.ca/site/annual-conference?nav=sidebar>

March 22- 25

Workshop, *Intensive training in prolonged exposure for PTSD*. In Calgary. (\$1500) Call Dr Megan McElheran
402-850-6711 megan.mcelheran@wqmpsy.com

March 22- 25

Alberta Psychiatric Association Annual Conference, *The mind-brain connection: Where are we at now?*
In Banff <https://albertapsych.org/events/news?itemid=31>

March 23

Issues in Health Ethics Series, *Health ethics in a pluralistic age: The role of bias and belief* by Lester Liao.
12- 1 pm in Edmonton or by telehealth.
<http://www.bioethics.ualberta.ca/en/Issues%20in%20Health%20Ethics%20Series.aspx>

March 24

Institute of Child Psychology Workshop, *Childhood ADHD: From struggling to thriving* in Calgary. **April 28** in
Grand Prairie. <https://www.instituteofchildpsychology.com/workshops>

March 24

SAOT Workshop, *Promoting healthy sexual expression for individuals with disabilities* by Dr Shaniff Esmail.
8:30 am- 4:30 pm in Edmonton. <https://www.saot.ca/event/promoting-healthy-sexual-expression-for-individuals-with-disabilities/>

March 24

Institute of Child Psychology Workshop, *Childhood anxiety: Understanding and helping children heal*. In
Lethbridge. **April 28** in Fort McMurray <https://www.instituteofchildpsychology.com/workshops>

March 25

Institute of Child Psychology Workshop, *Relationship-based discipline: Raising resilient children*
In Lethbridge. In Fort McMurray on **April 29** <https://www.instituteofchildpsychology.com/workshops>

March 25

Institute of Child Psychology Workshop, *Anger in children: Working through tempers and aggression*.
In Calgary. In Grand Prairie on **April 29**. <https://www.instituteofchildpsychology.com/workshops>

March 27

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer
Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca
for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 27

Community Education Service Webinar, *Curious about cannabis?* Presented by AHS Youth Addiction
Services. 6:30- 8:30 pm. Register at <http://community.hmhc.ca/sessions/?p=online>

March 28

Adult Psychiatry Grand Rounds with Michele Foster. 12- 1 pm in the Bernard Snell Hall, University of Alberta
Hospital, Edmonton, or by telehealth <https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp>

March 28

Community Education Services Telehealth Presentation, *Conflict management* with Winston Blake. 11 am-
12:30 pm. <http://community.hmhc.ca/sessions/?p=telehealth>

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Addiction and Mental Health Learning Events

March 28

Webinar, *How clinical workers and managers use this trauma-informed stuff* with Lynn Donoghue and Erin Watkins. 8:30 – 10 am. (Free) Hosted by the Child and Parent Resource Institute.

<http://events.r20.constantcontact.com/register/event?oeidk=a07eebrr46o0d17c739&lr=54n6segab>

March 29

Education Series, *Vaping and shisha: What's trending in tobacco* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

March 29

Webinar, *The superpower of relationship repair in Emotion Focused Family Therapy supervision* with Natasha Files. 10– 11 am. <http://www.mentalhealthfoundations.ca/clinical-supervision>

March 30- April 1

Training, *Basic Accelerated Resolution Therapy*. In Calgary. (\$1500)

<https://colleeneclarkconsulting.com/event/basic-accelerated-resolution-therapy-training-033018/>

April

Healthy Minds/Healthy Children, Online Continuing Professional Development, *Prescribing practice for ADHD, anxiety and depression in children and youth* and *Trauma informed treatment strategies*.

Call (403) 220-4310 hmmc@ahs.ca Register at https://survey.albertahealthservices.ca/CPD_Reg?bO=1#

April 2- 8 **National Health Ethics Week** <https://www.bioethics.ca/national-health-ethics-week>

April 2- May 11

Online Course, *Trauma and addictions* with Ian Robertson and Michelle Graham.(\$275)

<https://wlu.ca/academics/faculties/faculty-of-social-work/professional-development/certificates/addictions-certificate.html>

April 4

Education Series, *Harm reduction- A way of thinking* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 5- 6

Emotion-Focused Family Therapy Training with Dr Adèle Lafrance and Natash Files. 9 am- 4:30 pm daily in Calgary. (\$450) <http://www.mentalhealthfoundations.ca/calgary-corefft>

April 5- 6

University of Alberta, Department of Psychology, 32nd Annual Royce and Harder Conference. In Edmonton.

<https://www.ualberta.ca/psychology/events/psychology/55ma9p4munm6edl8f475o5g23u>

April 5- 7

CANAC 26th Annual Conference, *Acting up, reducing harm: Clinical practice and advocacy in the context of crisis*. In Vancouver. <http://canac.org/annual-conference/>

April 5- 7

Alberta Provincial Victim Service Conference in Banff. <http://www.victimserviceconference.com/home.html>

April 5- May 15

Certificate in *Cognitive Behaviour Therapy (CBT) fundamentals* with Dr Deborah Dobson. In Edmonton.

<https://www.gifttool.com/registrar/ShowEventDetails?ID=2208&EID=24968>

April 6

PAA Workshop, *When my soul connects with their soul- Decolonizing and Indigenizing psychological practice with Indigenous peoples* by Dr Karlee Fellner. In Edmonton.

http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=59

April 6

Health Ethics Seminars, *MAID, conscience, and Catholic thought* by Doris Kieser. 12- 1 pm in Edmonton or by telehealth. <https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp>

<http://www.bioethics.ualberta.ca/en/Health%20Ethics%20Seminars.aspx>

April 7- 13

19th Annual Conference, *Systems-Centered Training* in San Francisco, USA.

<https://www.systemscentered.com/SCT-Conference-2018/Welcome-to-the-2018-SCT-Conference>

April 9

DBT Intensive, *Using DBT to treat emotion dysregulation disorders* with Sheri Van Dijk. 9 am- 4 pm in Edmonton.

<http://www.jackhirose.com/workshop/van-dijk-edmonton-2018/>

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Addiction and Mental Health Learning Events

April 9 - 29

Online Workshop, *Introduction to sexual and gender diversity* with Tammy Troute-Wood, Heather Cobb and Marni Panas. https://docs.wixstatic.com/ugd/b053e1_4879605b803a4331853acab7b6a73029.pdf

April 10

CTRI Workshop, *Borderline Personality Disorder- Understanding and supporting* with Danielle Forth. 9 am - 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-edmonton4-10/#tickets> **April 11** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/borderline-personality-disorder-calgary4-11/#tickets>

April 10

Education Series, *What is non-suicidal self-injury and how do we intervene?* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 11

Education Series, *Vaping and shisha: What's trending in tobacco* with Kari Jesswein and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 11

CLPNA Workshop, *New culture nursing: An approach to person-centered care* with Dr David Sheard. 8:30- am- 4 pm in Edmonton and **April 13** in Calgary. (\$50) <https://www.clpna.com/2017/12/workshop-new-culture-nursing-approach-person-centred-care-dr-david-sheard/>

April 12- 14

Alberta Gambling Research Institute 17th Annual Conference on Gambling Research in Banff. <http://www.abgamblinginstitute.ca/events>

April 13

CAOT Workshop, *Very brief coaching skills for very busy professionals in healthcare* with Haesun Moon. 8 am- 4 pm in Edmonton. https://caot.ca/viewEvent.html?no_header=true&productId=9706

April 13

Workshop, *Anger modification: Cognitive, behavioural and affective approaches* with Dr Ephrem Fernandez. 9 am- 4:30 pm in Vancouver. <https://www.psychologists.bc.ca/civicrm/event/info?reset=1&id=178>

April 14

CAOT Workshop, *Coping strategies to promote occupational engagement and recovery* with Mary McNamara and Theresa Straathof. 8 am- 4 pm in Leduc. https://caot.ca/viewEvent.html?no_header=true&productId=9763

April 14

5th Annual Conference, *Spring into inclusion*. In Edmonton. Presented by Community Options. <https://aecea.ca/community-options-spring-inclusion-conference-registration-now-open>

April 15- 18

Canadian Agency for Drugs and Technology in Health Symposium. In Halifax, Nova Scotia. <https://www.cadth.ca/events/2018-cadth-symposium>

April 17

Education Series, *Tobacco: How to support your clients in making a change* with Kari Jesswein and Jennifer Pollard. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 17- 18

Grounding Trauma Conference, *Challenging paradigms and innovative solutions*. In Alliston, Ontario. <http://www.cast-canada.ca/conference.html>

April 18

CME Workshop, *Cannabis update 2018: A framework for conversations with patients* in Calgary. <https://cumming.ucalgary.ca/cme/event/2018-04-18/cannabis-update-2018-framework-conversations-patients>

April 18

Workshop, *Autism Spectrum Disorder- Effective strategies and interventions for children and adolescents* with Dr Cara Daily. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/autism-spectrum-calgary-2018/>

April 18

Education Series, *Concurrent disorders and treatment considerations* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

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Addiction and Mental Health Learning Events

April 18

University of Calgary, Neuropsychiatry Rounds, *Confronting language, history, and trauma in the clinical setting* with Roger Frie. 12- 1 pm in Calgary. <https://www.ucalgary.ca/psychiatry/event/2018-04-18/neuropsychiatry-rounds-confronting-language-history-and-trauma-clinical-setting>

April 18- 21

8th International Research Conference on Adolescents and Adults with FASD, *Review, respond, relate- Integrating research, policy and practice around the world*. In Vancouver. <http://interprofessional.ubc.ca/initiatives/adults2018/>

April 18- May 16

Online Training, *Advanced Solution Focused Strategies* (\$195)
<https://solutiontalk.ca/ssl/registration.php?product=elearning>

April 19

Education Series, *Building better mental health and emotional wellness* with Crystal Cleland and Jennifer Pollard. 9 am- 4 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 19- 22

Four Day Externship in Emotionally Focused Therapy with Dr David Fairweather and Murray Armstrong. 9 am- 5 pm daily in Edmonton. (\$875) <https://eftedmonton.com/training-events-1>

April 23

CTRI Workshop, *Anxiety- Practical intervention strategies* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/anxiety-edmonton4-23/#tickets> **April 24** in Calgary with Lana Dunn. <https://ca.ctrinstitute.com/workshops/anxiety-calgary4-24/#tickets>

April 23

Webinar, *Using Emotion Focused Family Therapy in acute crisis settings* with Jenna Fletcher. 10- 11 am. <http://www.mentalhealthfoundations.ca/clinical-supervision>

April 24

Education Series, *Understanding substance use and addiction and intervention strategies* with Laurie Young. 9 am- 4:30 pm in Edmonton. Call 780-644-3642 or email prevention.edmonton@albertahealthservices.ca for pre-registration form. Hosted by the AHS Prevention and Health Promotion team.

April 24

CTRI Workshop, *Depression- Practical intervention strategies* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/depression-edmonton4-24/#tickets> **April 25** in Calgary with Rachel Clare. <https://ca.ctrinstitute.com/workshops/depression-calgary4-25/#tickets>

April 26- 27

Workshop, *Mindfulness and psychotherapy- Wisdom and compassion in clinical practice* with Dr Ronald Siegel. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/edmonton-siegel-2018/>

April 26- 27

Workshop, *Engaging traumatized clients who avoid attachment, closeness and painful feelings* with Dr Robert Muller. 9 am – 5 pm daily in Calgary. <http://www.talk-therapy.ca/avoidant-clients/>

April 27

Women's Mental Health Day Conference. In Calgary. <http://cumming.ucalgary.ca/cme/event/2018-04-27/womens-mental-health-day-conference>

April 27

PAA Workshop, *Geropsychology research and practice: Helping our clients, Helping ourselves* with Dr Candace Konner. In Edmonton. http://www.psychologistsassociation.ab.ca/site//paa_workshops_forum?type=event&id=61

April 28

Institute of Child Psychology Workshop, *Childhood ADHD: From struggling to thriving* in Grand Prairie. <https://www.instituteofchildpsychology.com/workshops>

April 28

Workshop, *The experience of being envied: One of the many hazards of psychoanalysis* by Dr Angela Sheppard. 8:30 am- 12:30 pm in Vancouver. <http://www.wbcps.org/the-dr-elmor-smit-memorial-lecture-saturday-april-28-2018/>

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Addiction and Mental Health Learning Events

April 28

Institute of Child Psychology Workshop, *Childhood anxiety: Understanding and helping children heal*. In Fort McMurray <https://www.instituteofchildpsychology.com/workshops>

April 29

Institute of Child Psychology Workshop, *Relationship-based discipline: Raising resilient children*
In Fort McMurray <https://www.instituteofchildpsychology.com/workshops>

April 29

Institute of Child Psychology Workshop, *Anger in children: Working through tempers and aggression*.
In Grand Prairie. <https://www.instituteofchildpsychology.com/workshops>

April 30

Workshop, *Proven and effective self-regulation skills: Mindset plus skill set equals results* with Kathleen Kryza. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/kryza-edmonton-2018/> **May 1** in Calgary. <http://www.jackhirose.com/workshop/kryza-calgary-2018/>

April 30

CTRI Workshop, *Anxiety- Practical intervention strategies* with Rachel Clare. 9 am- 4 pm in Grande Prairie. <https://ca.ctrinstitute.com/workshops/anxiety-grandeprairie4-30/#tickets>

April 30- August 24

24th Annual McGill Summer Program in Social and Cultural Psychiatry. In Montréal. <https://www.mcgill.ca/tcpsych/training/summer#GENERAL>

May

Healthy Minds/Healthy Children, Online Continuing Professional Development, *The role of spirituality in mental wellness and everyday life* and *Cannabis legalization in Canada: Implications for youth education and prevention*. Call (403) 220-4310 hmhc@ahs.ca https://survey.albertahealthservices.ca/CPD_Reg?bO=1#

May 1- June 3

Couple and Family Therapy Certificate, Level 1 (4 courses) in Calgary. <https://www.gifttool.com/registrar/ShowEventDetails?ID=2208&EID=24709>

May 2- 6

Foundations Training, 5 Day Certificate Narrative Therapy Intensive. In Vancouver. (\$800) <http://therapeuticconversations.com/week-long-narrative-therapy-intensive-certificate-program/>

May 3- 4

Development 2018- A Canadian Conference on Developmental Psychology in St Catharines, Ontario. <https://development2018.com/>

May 4

Conference, *The art of the journey: Psychotherapeutic approaches with the older adult*. Keynote by Dr Ken Schwartz. In the Royal Alexandra Hospital, Edmonton. Contact Lynda.rodas@ahs.ca for information.

May 4 - 5

13th Biennial Western Canada Conference on Sexual Health, *Diverse approaches for diverse communities* in Edmonton. <https://www.aspsh.ca/>

May 4 - 5

5th Annual Western Canada Addiction Forum in Kelowna, BC. <https://wcaforum.ca/>

May 4- 5

APTA Workshop, *Synergistic Play Therapy with a focus on aggression in play therapy and a neurological approach to integrating intensity* with Lisa Dion. In Calgary. <http://www.albertaplaytherapy.ca/eventRegister.php?id=79>

May 4 - 6

Canadian Association for Play Therapy, AGM and Workshop, *Responding to trauma using Play Therapy*. In Niagara Falls, Ontario. <https://cacpt.com/2018-annual-general-meeting-agm-and-workshops/>

May 5 - 6

Annual Meeting of the Association for the Advancement of Philosophy and Psychiatry, *Philosophical perspectives on affect, emotion and mood in psychiatric disorders*. In New York City. <https://philosophyandpsychiatry.org/meetings-conferences/>

May 6 -8

National Conference on Peer Support in Calgary. <http://www.ncps-canada.com/>

Cognition

March 2018



Addiction and Mental Health Learning Events

May 7- 9

Certificate Training, *Sandplay with special populations using Play Therapy skills and techniques* in Calgary. <http://rmpti.com/calendar/>

May 9

Workshop, *The opiate crisis: Heroin, fentanyl and its analogues- Understanding and treating the emerging epidemic* with Dr Cardwell Nuckols. 9 am- 4 pm in Edmonton. <http://www.jackhirose.com/workshop/opiate-crisis-edmonton-2018/> **May 10** in Calgary <http://www.jackhirose.com/workshop/opiate-crisis-calgary-2018/>

May 9 - 11

CLPNA Annual General Meeting and Conference, *Shifting reality*, at the Edmonton Marriott River Cree Resort. <http://www.clpnaconference.com/>

May 10- 11

Workshop, *Introduction to Emotionally Focused Therapy with individuals* with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. <http://www.talk-therapy.ca/eft-individuals-intro/>

May 10- 11

Workshop, *Foundations in Dialectical Behaviour Therapy* with Dr Janice Kuo. In Toronto. <http://www.ebt3.com/upcoming-workshops/dbt-toronto-2018>

May 10- 13

Annual Conference, Canadian Counselling and Psychotherapy Association, in Winnipeg. <https://www.ccpa-accp.ca/continuing-education/annual-conference/>

May 11

Webinar, *Working with shame in Emotion Focused Family Therapy: The child, the parent and the self* with Dr Adam Kayfitz. 10– 11 am. <http://www.mentalhealthfoundations.ca/clinical-supervision>

May 11

Workshop, *Promoting self-recovery from substance misuse and gambling problems with brief motivational interventions* by Dr David Hodgins. 9 am- 4:30 pm in Vancouver. <https://www.psychologists.bc.ca/civicrm/event/info?reset=1&id=180>

May 11- 12

Canadian Association of Cognitive and Behavioural Therapies, 8th Annual Conference, *Innovations and advances in CBT*. In Vancouver <http://www.cacbt.ca/en/2018-Vancouver-Conference>

May 13- 16

12th Annual Canadian Neuroscience Meeting in Vancouver <http://can-acn.org/meeting-2018>

May 13- 16

11th Organizational Behaviour in Health Care Conference, *Coordinating care across boundaries and borders*, in Montreal. <http://shoc.org.uk/future-conferences/>

May 14

Workshop, *Working with oppositional, defiant and anger issues in children and adolescents* with Dr Jay Berk. 9 am- 4 pm in Calgary. <http://www.jackhirose.com/workshop/oppositional-children-calgary-2018/>

May 14- 15

High Risk Youth Conference, *Revitalizing practice*, in Edmonton. <http://www.hryc.ca/>

May 14- June 22

Online Course, *Concurrent Disorders* with Melissa Pyne. (\$275) <https://wlu.ca/academics/faculties/faculty-of-social-work/professional-development/certificates/addictions-certificate.html>

May 16- 18

12th International Society for the Study of Drug Policy Conference in Vancouver. <http://www.issdp.org/conferences-and-events/>

May 17

Legal Education Society of Alberta Workshop, *Legalization of marijuana*. 9 am- 4:30 pm in Edmonton. <https://www.lesaonline.org/product/legalization-of-marijuana-edmonton/> **May 24** in Calgary. <https://www.lesaonline.org/product/legalization-marijuana-calgary/>

May 19- 21

Training, *Basic Accelerated Resolution Therapy*. In Calgary. (\$1500) <https://colleeneclarkconsulting.com/event/basic-accelerated-resolution-therapy-training-051918/>

May 23- 25

4th Canadian Conference on Positive Psychology in Toronto. <http://www.positivepsychologycanada.com/CPA2018>

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Addiction and Mental Health Learning Events

May 23- 25

Annual Conference of the Canadian Bioethics Society, *Just health: Balancing interests, needs and obligations*. In Halifax. <https://www.santepop.qc.ca/en/node/2477>

May 24- 25

Workshop, *Couples counselling: Theory and practice essentials* with Sig Taylor. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/couples2018>

May 24- 25

3rd Biennial Indigenous Health Conference, *Walking together*. In Toronto. <https://www.cpd.utoronto.ca/indigenoushealth/>

May 24- 25

20th International Conference on Equality, Diversity and Inclusion. In Montréal. <https://www.waset.org/conference/2018/05/montreal/ICEDI>

May 25

Webinar, *Emotion Focused Family Therapy and end-of-life: Crossing the bridge with family caregivers* with Dr Allen Sabey. 10– 11 am. <http://www.mentalhealthfoundations.ca/clinical-supervision>

May 25- 26

Canadian Federation of Clinical Hypnosis Spring Conference and Workshop. In Banff. http://www.clinicalhypnosis.ca/event/cfch-ab-2018-spring-conference-workshops-2/?instance_id=51

May 25- 26

31st Annual Conference of the Medical Psychotherapy Association of Canada. In Toronto. <https://www.mdpac.ca/annual-conferences.html>

May 27- 29

6th Annual Addictions and Mental Health Conference in Toronto. <http://www.addictionsandmentalhealthontario.ca/annual-conference.html>

May 28

Workshop, *Anxiety and Depression* with Sandra Reich. 8:30 am- 4 pm in Calgary. **May 29** in Edmonton. http://www.nursinglinks.ca/info_anxiety.html

May 28- 29

Workshop, *Making sense of anxiety and related problems* with Dr Gordon Neufeld. 9 am – 4 pm in Edmonton. <http://www.jackhiro.com/workshop/neufeld-anxiety-edmonton-2018/>

May 28- 29

Workshop, *Brief focused counselling skills- Strategies from leading frameworks*. 9 am – 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-skills-edmonton5-28/#tickets> **May 30- 31** in Calgary with Alexis Power. <https://ca.ctrinstitute.com/workshops/brief-focused-counselling-calgary5-30/#tickets>

May 28- 30

Gottman Level 3 Practicum Workshop, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/workshops-training/gottman-level-3-training/>

May 28- 31

Canadian Public Health Association Conference in Montréal. <https://www.cpha.ca/public-health-2018>

May 30

Workshop, *Working with stuck kids* with Dr Gordon Neufeld. 9 am- 4 pm in Edmonton. <http://www.jackhiro.com/workshop/neufeld-kids-edmonton-2018/>

May 30- 31

Tobacco Control Forum in Montréal <https://www.cpha.ca/tobaccoforum2018>

May 30- June 1

Provincial Child and Youth Care Conference, *Reconsidering care: Exploring possibilities*. At MacEwan University, Edmonton. <http://www.cycaa.com/career-development/conference-and-workshops/>

May 30- June 3

43rd Annual Congress of the Canadian Psychoanalytic Society, *Symbol formation and transformation in theory and practice*. In Montréal. <http://www.en.psychoanalysis.ca/43rd-annual-congress-of-the-canadian-psychoanalytic-society/>

June 1

10th Annual Addiction Day, *Truth and reconciliation* in Calgary. <http://www.addictionday.ca/>

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Addiction and Mental Health Learning Events

June 1

PAA Workshop, *The essentials of working with LGBT clients and/or students* with Dr Kevin Alderson. 9 am- 4:30 pm in Calgary. http://www.psychologistsassociation.ab.ca/site/paa_workshops_forum?type=event&id=66

June 1- 2

CAOT Workshop, *Integrating Cognitive Behavioural Therapy into your occupational therapy practice (level 1)* with Gord Hirano. 8 am- 4 pm daily in Calgary. https://caot.ca/viewEvent.html?no_header=true&productId=9770

June 1- 2

19th Canadian Collaborative Mental Health Care Conference, *Collaborating across cultures*. In Toronto. <https://casw-acts.ca/en/19th-canadian-collaborative-mental-health-care-conference>

June 2- 5

Canadian Pharmacists Conference, *Our value, Our story*. In Fredericton, New Brunswick. <https://www.pharmacists.ca/canadian-pharmacists-conference/?lang=en>

June 4- 5

Workshop, *Scared stiff: Fast, effective treatment for Anxiety Disorders* with Dr David Burns. 8:30 am- 4:30 pm in Calgary. <http://www.jackhirose.com/workshop/all-your-fault-calgary-2018/>

June 4- 5

CMHA Community Mental health Conference, *Now we are stronger*. In Edmonton. <https://alberta.cmha.ca/events/conference-now-we-are-stronger/>

June 4- 5

CAOT Workshop, *Integrating Cognitive Behavioural Therapy into your occupational therapy practice (level 2)* with Gord Hirano. 8 am- 4 pm daily in Calgary. http://www.caot.ca/viewEvent.html?no_header=true&productId=9773

June 12- 14

3rd International Neurosequential Model Symposium, *Reflecting on a decade of progress- Envisioning a better future for children*. In Banff. <http://childtrauma.org/3rd-intl-nm-symposium-2018/>

June 12- 14

18th Annual Conference, International Association of Forensic Mental Health Services, *Service development is the laboratory of forensic mental health: Integrating science and treatment into outcome*. In Antwerp, Belgium. <http://www.iafmhs.org/2018conference>

June 13

Addiction and Mental Health, Edmonton Zone, Annual Pie and CQI event. 11:30- 3:30 in the Bernard Snell Hall, University of Alberta Hospital. Hosted this year by the Children, Youth and Families program. Priscilla.asamoah@ahs.ca

June 13- 15

Canadian Therapeutic Recreation Association Conference, *Navigating the tide, Revitalizing our practice*. In Halifax. <https://canadian-tr.org/professional-development/ctra-conference-june-13-15th-2018/>

June 14

Seminar, *The changing face of health care Social Work* with Dr Sophia Dziegielewski. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/healthcarepharmaseminars>

June 14- 15

40th Annual Guelph Sexuality Conference, *Innovations in sexual health and wellbeing*. In Guelph, Ontario. <http://www.guelphsexualityconference.ca/>

June 15

Seminar, *Psychopharmacology for the non-medically trained professional* with Dr Sophia Dziegielewski. 9 am- 4 pm in Calgary. <https://ucalgary.ca/pd/healthcarepharmaseminars>

June 18- 19

CTRI Workshop, *Walking through grief- Helping others deal with loss* by Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton7-18/#tickets> **June 20- 21** in Calgary with Lana Dunn <https://ca.ctrinstitute.com/workshops/walking-through-grief-calgary6-20/#tickets>

June 18- 20

Canadian Nurses Association Biennial Convention, *From insight to impact: It starts with nursing*. In Ottawa. <https://www.cna-aiic.ca/en/events/2018-cna-biennial-convention>

June 19

Webinar, *Adapting Emotion Focused Family Therapy for foster and adoptive families* with Lois Ells. 10- 11 am. <http://www.mentalhealthfoundations.ca/clinical-supervision>

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Addiction and Mental Health Learning Events

June 20- 22

Training, *The DBT skills* with Dr Alexander Chapman and Dr John Wagner. 9 am- 4:30 pm daily in Vancouver. <http://dbtvancouver.com/our-events/dbt-skills-three-day-training-van/>

June 20- 22

International Conference, *Promoting healthy brain aging and preventing dementia: Research and translation*. In Banff. <http://can-healthybrains.com/>

June 20- 23

CAOT National Conference. In Vancouver. <https://caot.in1touch.org/site/pd/conferences?nav=sidebar>

June 21

Workshop, *Challenging cases in opioid use and misuse*. 8:30 am- 4 pm in Edmonton. <https://facmed.registration.med.utoronto.ca/search/publicCourseSearchDetails.do?method=load&courseId=850141>
Presented by the University of Toronto, Faculty of Medicine.

June 21- 22

Conference, *Harm and harm reduction in the criminal justice system*. In Halifax, Nova Scotia. <https://www.ccja-acjp.ca/pub/en/event/harm-and-harm-reduction-in-the-criminal-justice-system-conference/>

June 22

Workshop, *Treating trauma in adolescents and emerging adults: Development, attachment and the therapeutic relationship* with Dr Martha Straus. 9 am- 5 pm in Calgary. <http://www.talk-therapy.ca/treating-trauma/>

June 22- 23

21st Annual Meeting of the Society for Interpersonal Theory and Research in Montréal. <https://sitar2018.wordpress.com/>

June 26- 30

29th International Congress of Applied Psychology, *Psychology connecting science to solutions* in Montréal. <http://www.icap2018.com/>

June 28- 30

42nd Annual Meeting, Canadian College of Neuropsychopharmacology in Vancouver <https://ccnp.ca/>

June 30- July 2

Training, *Basic Accelerated Resolution Therapy*. In Calgary. (\$1500) <https://colleeneclarkconsulting.com/event/basic-accelerated-resolution-therapy-training-063018/>

July 1- 5

Congress of the International Association for Cross-Cultural Psychiatry. In Guelph, Ontario. <http://www.iaccp.org/node/627>

July 3- 6

Intensive, *Cognitive Behavioural Therapy and T.E.A.M. techniques* by Dr David Burns in Whistler, BC. <http://www.jackhirore.com/workshop/burns-4day-whistler-2018/>

July 4- 8

28th Annual Meeting of the Canadian Society for Brain, Behaviour and Cognitive Science. In St. John's, Newfoundland. <https://www.csbbcs.org/ocs/index.php/2018/csbbcs2018>

July 8- 12

59th Annual Institute on Addiction Studies in London, Ontario. <http://addictionstudies.ca/>

July 11- July 13

Mindfulness Retreat for Counsellors, Therapists and Caregivers with Vicki Enns. 9 am- 4 pm daily in Banff. <https://ca.ctrinstitute.com/workshops/mindfulness-retreat-july2018/#tickets>

June 13- 14

3rd Annual Workplace Mental Health Accommodation Conference in Calgary or by webcast. <https://www.canadianinstitute.com/3rd-workplace-mental-health-accommodation/>

July 16- 17

Workshop, *Somatic interventions for treating complex trauma* with Dr Janina Fisher. 9 am- 4 pm in Banff. <http://www.jackhirore.com/workshop/fisher-banff-2018/>

July 16- 18

CTRI Workshop, *Attachment and Families- Strategies for engaging and helping* with Danielle Forth. 9 am- 4 pm in Edmonton. <https://ca.ctrinstitute.com/workshops/attachment-and-families-edmonton7-16/#tickets>

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Addiction and Mental Health Learning Events

July 16- 18

Workshop, *Medical CBT for Depression* with Dr Greg Dubord in Banff <http://cbt.ca/locations/cbt-banff/>

July 16- 24

Workshop, *Foundations of Play Therapy* in Calgary. <http://rmpti.com/calendar/>

July 18

Workshop, *Healing the fragmented selves of trauma survivors* by Dr Janina Fisher. In Banff.
<http://www.jackhirose.com/workshop/fisher-banff-healing-2018/>

July 18- 19

CTRI Workshop, *Motivating change- Strategies for approaching resistance* with Marwa Fadol. 9 am- 4 pm in Calgary. <https://ca.ctrinstitute.com/workshops/motivating-change-calgary7-18/#tickets>

July 23- 25

3 Day Intensive, *The science of emotion* with Dr Gordon Neufeld. 9 am- 4 pm in Banff.
<http://www.jackhirose.com/workshop/neufeld-emotion-banff-2018/>

July 24- 25

Workshop, *Mediation- Facing difficult conversations* with Alan Edwards. 9 am- 4 pm in Edmonton.
<https://ca.ctrinstitute.com/workshops/mediation-edmonton7-24/>

July 24- 29

16th Annual World Conference, Association for Contextual Behavioral Science in Montréal.
<https://contextualscience.org/WC16>

July 28- 30

Research Society on Marijuana, 2nd Annual Conference, in Colorado, USA. <https://researchmj.org/>

August 1- 4

20th International Association for Group Psychotherapy Congress, *Rising tides of challenge and hope: Healing identity in society, groups and individuals*. In Malmö, Sweden. <http://www.iagpcongress.org/>

August 2- 5

10th Biennial Personal Meaning Conference, *Courage, faith and meaning: Existential Positive Psychology's response to adversity*. In Vancouver. <http://meaning.ca/conference/>

August 4- 6

Training, *Basic Accelerated Resolution Therapy*. In Calgary. (\$1500)
<https://colleeneclarkconsulting.com/event/basic-accelerated-resolution-therapy-training-080418/>

August 8- 10

International Federation on Ageing, 14th Global Conference, *Towards a decade of healthy ageing- From evidence to action* in Toronto. <https://www.ifa2018.com/>

August 13- 21

Workshop, *Advanced theories and techniques in Play Therapy*. In Calgary. <http://rmpti.com/calendar/>

August 22- 25

21st World Congress of Medical and Clinical Hypnosis in Montréal. <http://www.hypnosis2018.com/en/>

August 31 **International Overdose Awareness Day** *Time to remember, Time to act*

<https://www.overdoseday.com/>

September 5- October 3

Online Training, *Introduction to Solution Focused Strategies* (\$195)
<https://solutiontalk.ca/ssl/registration.php?product=elearning>

September 6- 7

Recovery Capital Conference of Canada, *Stronger connections= Stronger communities* in New Westminster, BC. <http://recoverycapitalconference.com/>

September 17- 18

Working Stronger Workplace Mental Health Conference. 8 am- 4 pm in Edmonton. Hosted by CMHA
<https://alberta.cmha.ca/events/working-stronger-workplace-mental-health-conference/>

September 22

Alberta Sexual Assault Course and Conference with Dr Marci Bowers.
<http://cumming.ualgary.ca/cme/event/2018-09-22/alberta-sexual-assault-course-and-conference>

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Addiction and Mental Health Learning Events

September 23- 28

Training, *Mindfulness-Based Cognitive Therapy (MBCT)* with Dr Mark Lau. In Cortes Island, BC.
http://www.vancouvercbt.ca/cbt_training.html

September 27- 29

Canadian Psychiatric Association Annual Conference in Toronto. <https://www.cpa-apc.org/annual-conference/>

September 27- November 6

Certificate in Cognitive Behavioural Therapy (CBT) Fundamentals with Dr Deborah Dobson. In Calgary.
<https://www.ucalgary.ca/pd/CBT2018Cgy>

September 29

Workshop, *Dreaming for two: the status of dreams and dreaming in psychoanalytic couple therapy* with Dr Klaus Wiedermann. 8:30 am- 12:30 pm in Vancouver. <http://www.wbcps.org/dreaming-for-two-the-status-of-dreams-and-dreaming-in-psychoanalytic-couple-therapy-saturday-september-29-2018/>

October 3- 5

National Harm Reduction and Drug Policy Conference in Edmonton. More information when available.

October 10- November 7

Online Training, *Advanced Solution Focused Strategies* (\$195)
<https://solutiontalk.ca/ssl/registration.php?product=elearning>

October 17- 19

CIAJ Annual Conference, *Justice and mental health*. In Ottawa. <https://ciaj-icaj.ca/en/training-programs/2018-annual-conference/>

October 21- 24

4th International Conference on Law Enforcement and Public Health in Toronto. <https://leph2018toronto.com/>

October 24- 26

7th Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, *Beyond the clinic*. 9 am- 5 pm in Calgary. <http://interprofessional.ubc.ca/initiatives/obesity2018/>

October 24- 26

6th International Conference on Violence in the Health Sector, *Advancing the delivery of positive practice*. In Toronto. http://oudconsultancy.nl/toronto_6_ICWV/index.html

October 26- 28

Canadian Counselling Psychology Conference, *Advocating for ourselves, advocating for our communities: Canadian counselling psychology into the next decade and beyond*. In Calgary.
<http://www.werklund.ucalgary.ca/ccpc>

October 29- 30

Workshop, *Advanced Emotionally Focused Therapy with individuals* with Dr Veronica Kallos-Lilly. 9 am- 4:30 pm in Calgary. <http://www.talk-therapy.ca/eft-individuals-adv/>

November 7- 9

Health and Wellbeing in Children, Youth and Adults with Developmental Disabilities, *Creating Partnerships*. In Vancouver. <http://interprofessional.ubc.ca/initiatives/hw2018/>

November 12- 13

Gottman Level 1 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-1-calgary-ab-2/>

November 12- 15

Workshop, *Emotionally Focused Therapy (EFT) externship* with Dr Veronica Kallos-Lilly. 9 am- 5pm daily in Calgary <http://www.talk-therapy.ca/eft-externship/>

November 14- 16




Gottman Level 2 Training, *Gottman couples therapy* in Calgary. <http://bestmarriages.ca/events/gottman-level-2-calgary-ab-2/>

November 24

Workshop, *Dreams of zombies and the schizoid world* with Dr Elizabeth Wallace. 9:30 am- 12:30 pm in Vancouver. <http://www.wbcps.org/dreams-of-zombies-and-the-schizoid-world-saturday-november-24-2018/>



Online Learning Resources

- ☀ **Knowledge Resource Service** The online library for Alberta Health Services staff. Access to journals, data bases, books, drug information, patient teaching information, and other professional resources. Includes an online, searchable, DSM-5 with related texts. <http://krs.libguides.com/mentalhealth>
- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. Includes a series of education modules with certification <http://www.albertafamilywellness.org/resources/search>
- ☀ **Addiction E-Learning** Primer on the biopsychosocial approach to addiction. Includes virtual clients, textbook and podcast series. <https://chec-cesc.afmc.ca/en/afmc-addiction-e-learning-undergraduate-medical-education-ume>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** Online publications intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** Includes the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse and numerous other resources. <http://www.samhsa.gov/kap>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. <http://www.albertahealthservices.ca/research/Page11217.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. <https://www.cadth.ca/evidence-bundles/evidence-on-mental-health>
- ☀ **Anxiety BC** Video library and other emotional regulation education resources including a phone app <https://www.anxietybc.com/resources/video>
- ☀ **Addiction and Mental Health  Channel (AHS)** Clinical videos from provincial, national, and international experts. <http://www.albertahealthservices.ca/info/page14397.aspx> See also: Mental Health Act presentation at <https://youtu.be/1RVxiKIXqVo> and CTO <https://youtu.be/R-sjqWo07Wo>
- ☀ **Indigenous Health Program** Information about Indigenous history, social determinants of health, and on strategies for culturally competent care. <http://www.albertahealthservices.ca/info/page7634.aspx>
See also the  playlist <https://www.youtube.com/playlist?list=PLi1tOF1I5ZoUvse4nEljWZCVGIzk8U8S->
- ☀ **University of Alberta Grand Rounds** The Department of Psychiatry Archive includes recordings of both the weekly Adult and Child & Adolescent Grand Rounds. <https://sites.google.com/a/ualberta.ca/psychiatry-grand-rounds-archive/home>
- ☀ **At Home with Eating Disorders Conference Series ** Recorded expert speaker presentations <https://www.youtube.com/playlist?list=PLwAiWzISiIS1fBg3e6ljzeGDI7XAIC1LH>
- ☀ **iScheduler** Online access to all Alberta Health Services Telehealth services. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment. <https://ischeduler.albertahealthservices.ca/ischeduler/eceptionist.asp>

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Addiction and Mental Health Learning Events

- ☀ **Healthy Minds/Healthy Children** The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health. <http://www.albertahealthservices.ca/4718.asp> Register to view archived presentations at <https://www.albertahealthservices.ca/info/Page13351.aspx>
- ☀ **Policy Wise for Children and Families** Their video library provides presentations on research knowledge and evidence on policy issues related to improving the well-being and health of children. <https://policywise.com/browse-resources/video-library/>
- ☀ **Addiction Counselling Webinars** The National Association for Addiction Professionals (USA) has free and on-demand webinars on a wide range of topics <http://www.naadac.org/webinars>
- ☀ **TED: How the Mind Works** The world's most fascinating thinkers and doers are challenged to give the talk of their lives in 18 minutes. <http://www.ted.com/index.php/themes/view/id/4>
- ☀ **University of California Television** provides documentaries, faculty lectures and research symposiums <http://www.uctv.tv/search-morerresults.aspx?catSubID=20&subject=health>
- ☀ **Community Education Service** Free online webinars from presentations at the Alberta Children's Hospital. Sessions are available as Windows Media Video (WMV) recordings or live via Telehealth. <http://fcrc.albertahealthservices.ca/ces/>
- ☀ **Alberta Quits** Learning materials and videos about tobacco cessation. <https://www.albertaquits.ca/learning/training-videos>
- ☀ **Chronic Disease Management Education for Health Care Providers** Open enrollment learning modules on a range of topics, including the Provincial Concurrent Capable Learning Series (PCCLS Foundations) <http://cdm.absorbtraining.ca/#/login>
- ☀ **Mental Health Commission of Canada (MHCC) Webinars** Free monthly webinar series about many different areas of mental health. Archived sessions are available to watch. <http://www.mentalhealthcommission.ca/English/webinars>
- ☀ **Trauma Informed Care e-Learning Modules** Six foundational modules and other resources. <http://www.albertahealthservices.ca/info/page15526.aspx>
- ☀ **Suicide Prevention, Risk Assessment & Management (SPRAM)** Interactive e-Learning series of seven modules to support health practitioners' competency in suicide prevention, risk assessment and management of individuals at-risk for suicide. <http://www.albertahealthservices.ca/info/Page14579.aspx>
- ☀ **Children's Mental Health Learning Series** provides caregivers, families and professionals with helpful information to increase knowledge and help support children and youth with mental health concerns. <http://www.humanservices.alberta.ca/family-community/cmh-learning-series.html>
- ☀ **Geriatric Grand Rounds** with an evidence-based medicine and inter-professional focus <https://sites.google.com/a/uAlberta.ca/ggr/>
- ☀ **University of Calgary** The Department of Psychiatry calendar of medical rounds, workshops and conferences is at <http://www.ucalgary.ca/psychiatry/calendar/month/2017-11> The Faculty of Social Work Professional Development Program workshops are listed at: <http://www.ucalgary.ca/pd/>
- ☀ **Indigenous Cultural Safety Collaborative Learning Series** Webinars to strengthen cultural safety in health and social services <http://www.icscollaborative.com/webinars>
- ☀ **TRIP (Turning Research Into Practice)** Clinical search engine designed to allow users to easily find research articles to support practice. <https://www.tripdatabase.com/>
- ☀ **RNAO Mental Health and Addiction Initiative** Nursing best practice guidelines, education modules and many other resources. <http://rnao.ca/bpg/initiatives/mhai/purpose>
- ☀ The **Online Addiction Medicine Diploma** is a free and open to anyone wishing to learn more about alcohol, tobacco and opioid substance use disorders. There are 17 modules that can be done whenever you choose. <http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>
- ☀ **Mental Health First Aid** The basic course focuses on substance related, mood related, anxiety and trauma related, and psychotic disorders. There are also courses specifically for adults working with youth, First Nations, Inuit, Northern Peoples, Seniors and Veterans. Provided by the Mental Health Commission of Canada. <http://www.mentalhealthfirstaid.ca/en/course-info/courses>



- ☀ **International Nurses Society on Addictions** A new forum for Canadian nurses interested in addiction prevention and treatment. <http://intnsacanada.com/>



Mental Health Foundation Breakfast

March 14, 7:15- 8:30 am, Shaw Conference Centre, Edmonton
<http://mentalhealthfoundation.ca/>

We have a better future in mind.



Mental Health Foundation

Photographs by Dr Marianne Hrabok, Psychology Professional Practice Leader, Edmonton Zone